

Competency/Skills Self-Appraisal: Certified Occupational Therapy Assist/COTA

Please check the column that applies to your skill level:

3= Very Competent > 1yr Exp. 2=Some Help needed <1 yr. Exp. 1=Need Direction <6 months Exp. 0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
8. PROSTHETICS/ORTHOTICS/FUNCTIONAL TRAINING:					▪ Sensory integrative testing				
▪ Above knee prosthetics					▪ Visual perceptual skills testing				
▪ Below knee prosthetics					12. MODALITIES:				
▪ Dynamic splints					▪ Biofeedback				
▪ Functional splinting					▪ Edema massage				
▪ Myofascial release (MFR)					▪ Feeding techniques				
▪ Orthoplast					▪ Fluidotherapy				
▪ Serial/inhibitory casting					▪ Muscle stimulation				
▪ Static splints					▪ Oral motor facilities				
▪ Upper extremity prosthetics					▪ Paraffin bath				
9. ADAPTIVE EQUIPMENT:					▪ Therapeutic pool				
▪ Assessment					▪ TENS				
▪ Fabrication					▪ Ultrasound				
▪ Functional activities					▪ Electrical Stimulation				
▪ ADLs					13. OTHER:				
▪ Home environment					▪ Burn management				
▪ Pre-discharge planning					▪ Cardiac rehab				
▪ Splinting					▪ Cognitive retraining				
▪ Wheelchair					▪ Developmental disabilities				
10. VOCATIONAL TRAINING:					▪ Driving education				
▪ Cognitive assessment					▪ Geriatrics				
▪ Functional capacity evaluation					▪ Group dynamics				
▪ Job task analysis					▪ Home accessibility				
▪ Perceptual assessment					▪ In- service education				
▪ Work hardening					▪ Therapeutic media				
▪ BTE					▪ Computer skill assessment				
▪ Valpar					▪ HIV/AIDS				
11. PEDIATRICS:					▪ Knowledge of Medicare				
▪ Autism					▪ Medicaid				
▪ Cerebral palsy					▪ Private insurance				
▪ Developmental testing					▪ HMO				
▪ Down's Syndrome					▪ MDS				
▪ Spina bifida					▪ 700/701 forms				
▪ Learning disabilities					▪ OASIS				
▪ Mental Retardation									
▪ Juvenile rheumatoid arthritis									
▪ Musculoskeletal disorders									
▪ Discharge planning									
▪ Referral									
▪ Pediatric resources									
▪ Equipment assessment									
▪ ADLs									
▪ Wheelchair positioning device									
▪ Neurodevelopmental testing									
▪ Orthotics									