

## Competency/Skills Self-Appraisal: Emergency Department

RN  LPN

Name \_\_\_\_\_

Date \_\_\_\_\_

3= Very Competent > 1yr Exp.

Please check the column that applies to your skill level:

2=Some Help needed <1 yr. Exp. 1=Need Direction <6 months Exp. 0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
▪ BCLS Expires:					▪ Restraint Application/Procedures/Safety				
▪ ACLS Expires:					▪ Universal Precautions/Infection Control Procedures				
▪ CEN Expires:					▪ JCAHO – National Patient Safety Goals				
▪ TNCC Expires:					▪ EMTALA				
▪ CCRN Expires:					▪ AMA Procedures				
▪ Arrhythmia Course Date:					▪ Suicide Precautions				
▪ Critical Care Course Date:					▪ Triage				
▪ Other (specify) _____					▪ Child abuses/recognition/reporting				
▪ Computerized Charting System (specify) _____					▪ Consent to treat – peds/minors				
▪ Medication Administration System (specify) _____					▪ Reporting acts of violence				
<b>1. AGE SPECIFIC PRACTICE CRITERIA:</b>					▪ Auscultation/Interpretation Breath & Heart Sounds				
▪ Newborn/Neonate (birth to 30 days)					▪ Pulses/Circulation Checks				
▪ Infant ( 30 days to 1 year)					▪ Heart Sounds/murmurs				
▪ Toddler (1 -3 years)					▪ Doppler				
▪ Preschooler (3-5 years)					▪ Chest Pain Differentiation				
▪ School Age Children ( 5-12 years)					▪ Placing/Maintaining/ Patient on Telemetry				
▪ Adolescent (12-18 years)					▪ Running & Mounting Rhythm Strips				
▪ Young Adults (18-39 years)					▪ Arrhythmia Interpretation				
▪ Middle Adults (39-64 years)					▪ Basic 12 lead Interpretation				
▪ Geriatric (64 +)					▪ Cardioversion				
<b>2. EXPERIENCE WITH AGE GROUPS:</b>					▪ Perform emergency defibrillation				
▪ Able to adapt care to incorporate normal growth and development					▪ Care of patients with infectious Disease – HIV/Hepatitis				
▪ Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level					▪ Dressing Changes				
▪ Ensures safe environment reflecting specific needs of various age groups					▪ Urinary Catheterization				
<b>3. EXPERIENCE LEVEL</b>					▪ Diagnostics: Ordering, Preparing Patient				
▪ Level I – Trauma Referral Center					▪ Pulse Oximetry				
▪ Level II – Community ED					▪ Assist with Pacemaker insertion				
▪ Level III – Rural ED					▪ Assist with Arterial Line Insertion				
<b>4. LEADERSHIP</b>					▪ Assist with Central Line Insertion				
▪ Charge Nurse					▪ Arterial Puncture				
▪ Team Leader					▪ Arterial Lines (Samples, Medications, etc.)				
▪ Primary Nurse					▪ Hemodynamic Monitoring – A-line (radial)				
▪ Other					▪ CVP Monitoring				
<b>5. GENERAL SKILLS:</b>					▪ Swan-Ganz				
▪ Admission/Transfer/COBRA Criteria					▪ Drawing blood from central line				
▪ Charting/Documentation/Consents					▪ Drawing venous blood				
▪ Confidentiality of Information					▪ IV Starts				

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▪ Angiocath					▪ Trach collar				
▪ Butterfly					▪ Trouble shooting high pressure alarms				
▪ Heparin Lock					▪ Trouble shooting low pressure alarms				
<b>Administration of blood/blood products – Whole blood</b>					▪ GI assessment abdominal/bowel sounds/fluid balance/nutritional				
▪ Albumin/plasma					▪ NG Tube Placement				
▪ Packed Red Blood Cells					▪ Salem Sump				
▪ Cryoprecipitate					▪ Saline lavage				
▪ Autotransfusion					▪ Interpretation of blood chemistry				
▪ Peripheral Line dressings					▪ Renal/Genitourinary assessment				
▪ Central line/catheter dressing					▪ AV fistula/shunt				
▪ Broviac					▪ Fluid and electrolyte balance				
▪ Groshong					▪ Interpretation of BUN and creatinine				
▪ Hickman					▪ Specimen collection – routine				
▪ Portacath					▪ Insertion of straight and Foley catheter – male				
▪ Quinton					▪ Female				
▪ Interpretation of Lab Results (e.g. Cardiac Enzymes/isoenzymes, Coagulation studies)					▪ Neurological assessment – cerebellar function/cranial nerves/level of consciousness/pathologic reflexes/visual or communication deficits				
▪ ABG Interpretation/Intervention					▪ Glasgow coma scale				
<b>Care of Airway Management Devices/Suctioning</b>					▪ Assist with lumbar puncture				
▪ Endotracheal tube/suctioning					Increased ICP management				
▪ Nasal airway/suctioning					▪ Medications				
▪ Oropharyngeal/suctioning					▪ Positioning				
▪ Sputum specimen collection					▪ Regulation of ICP				
▪ Tracheostomy/suctioning					▪ Temperature control				
▪ Assist with Extubation					▪ Ventilation				
▪ Assist with intubation					▪ Intracranial pressure monitoring				
▪ Assist with thoracentesis					▪ Seizure precautions				
▪ Care of vent patient					▪ Use of hyper/hypothermia blanket				
<b>Care of Chest Tube</b>					▪ Interpretation of Lab values CBC and SMA7				
▪ Assist with setup and insertion					▪ Fever management				
▪ Use of Pleurevac or Thoraclex					▪ Isolation procedures				
▪ Use of water seal or drainage system					▪ Metabolic assessment				
▪ Measuring					▪ S/S diabetic ketoacidosis				
▪ Removal of chest tube					▪ S/S insulin shock				
▪ Measure peak flow					▪ S/S diabetic coma				
<b>Obtaining arterial blood gases</b>					▪ S/S insulin reaction				
▪ Arterial line					▪ Interpretation of blood glucose results				
▪ Femoral artery					▪ Interpretation of thyroid levels				
▪ Radial artery					▪ Use of blood glucose monitoring device				
<b>O2 Therapy and Medication Delivery Systems</b>					▪ Insulin administration by IV drip				
▪ Ambu bag and mask					▪ Use of visual blood glucose strips				
▪ ET tube					▪ Performing finger stick				
▪ External CPAP					Orthopedic assessment – circulation check, gait, range of motion				
▪ Face masks					▪ Skin integrity				
▪ Inhalers					▪ Assist with placement of cast				
▪ Nasal cannula					Support devices				
▪ Portable O2 Tank					▪ Cane				
▪ Tracheostomy					▪ Crutches				
▪ T-piece					▪ Cervical Collar				

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SKILLS	3	2	1	0	SKILLS	3	2	1	0
<b>5. GENERAL SKILLS CONTINUED</b>					<b>7. WOUND MANAGEMENT</b>				
▪ Sling					▪ Application of steristrips				
▪ Transfer Boards					▪ Assist with staples				
▪ EENT Assessment					▪ Assist with sutures				
▪ Set up fluorescent (Woods) lamp exam					▪ Culdocentesis tray				
▪ Visual acuity					▪ Sterile dressing changes				
▪ Apply eye patch					▪ Staple removal				
▪ Ear irrigation					▪ Traumatic wounds				
▪ Eye irrigation					▪ Suture removal				
▪ Morgan lens irrigation					<b>8. CARDIAC PROCEDURES</b>				
▪ Nasal packing					▪ Temporary Pacemaker				
▪ Removal of contact lens					▪ Permanent Pacemaker				
<b>6. SHOCK/TRAUMA SKILLS</b>					▪ Transcutaneous Pacemaker				
▪ Champion trauma score					▪ Cardioversion/Defibrillation				
▪ Poison index					▪ Cardiac Catheterization				
▪ Triage					▪ Implantable Cardiac Defibrillator (ICD)				
▪ Air transport of trauma patient					▪ Intracoronary Stent				
▪ Application of mast suit					▪ Intraaortic Balloon Pump (IAPB)				
Care of patient with:					<b>9. SPECIFIC CARDIAC RHYTHM KNOWLEDGE, DYSRTHMIA INTERPRETATION:</b>				
▪ Animal bites					▪ Asystole				
▪ Human bites					▪ Ventricular Tachycardia, Fibrillation				
▪ Venomous snake bites					▪ Bradycardia				
▪ Venomous spider bites					▪ Atrial Fibrillation				
▪ Burns – rule of nines					▪ Junctional Rhythm				
▪ First degree burns					▪ Idioventricular Rhythm				
▪ Second degree burns					▪ Supraventricular Tachycardia				
▪ Third degree burns					▪ First Degree AV Block				
▪ Dehydration					▪ Second Degree AV Block				
▪ Electrocutation					▪ Third Degree Heart Block				
▪ Gunshot wounds					▪ Premature Ventricular Contractions				
▪ Stab wounds					▪ Premature Atrial Contractions				
▪ Hazardous material exposure					▪ Bigeminy, Trigeminy				
▪ Heat exhaustion					<b>10. PAIN MANAGEMENT</b>				
▪ Heat Stroke					▪ Assessment of pain level/tolerance				
▪ Hypothermia					▪ Care of patient with epidural anesthesia/analgesia				
▪ Major trauma					▪ IV Conscious sedation				
▪ Minor trauma					▪ Narcotic analgesia				
▪ Radiation exposure					<b>11. CARDIOVASCULAR SYSTEM</b>				
▪ Anaphylactic shock					▪ Angina Pectoris				
▪ Cardiogenic shock					▪ Congestive Heart Failure (CHF)				
▪ Hypovolemic shock					▪ Myocardial Infarction				
▪ Neurogenic shock					▪ Aneurysm				
▪ Septic shock					▪ Cardiogenic Shock				
▪ Traumatic amputation					▪ Embolus				
▪ Disaster Protocols					▪ Myocarditis				
▪ End of life care					▪ Cardiac arrest				
▪ Organ donor protocols					▪ Deep Vein Thrombosis				
▪ Open chest massage					▪ Hypertension				

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<b>12. PULMONARY SYSTEM</b>					<b>17. INFECTIOUS DISEASE</b>				
▪ Aspiration					▪ AIDS				
▪ COPD					<b>18. PEDIATRICS</b>				
▪ Hemopneumothorax					▪ Epiglottitis				
▪ Laryngospasm					▪ Near drowning				
▪ Pneumonia					▪ Overdose				
▪ Pneumothorax					▪ Poison ingestion				
▪ Pulmonary Edema					▪ Status Asthmaticus				
▪ Pulmonary embolism					▪ Status epilepticus				
▪ Tension pneumothorax					▪ Child abuse				
▪ Tuberculosis					▪ Sickle cell anemia				
▪ ARDS					▪ Pediatric arrest/resuscitation				
▪ Status Asthmaticus					▪ Use of Broslow Resuscitation System				
<b>13. NEUROLOGICAL SYSTEM</b>					<b>19. OB/GYN</b>				
▪ Basal skull fracture					▪ Assist with pelvic exam				
▪ Closed head injury					▪ Pelvic tray				
▪ CVA					▪ Rape kit				
▪ DTs					▪ Abruptio placenta				
▪ Encephalitis					▪ DIC				
▪ Externalized VP Shunts					▪ Hemorrhage				
▪ Meningitis					▪ Placenta previa				
▪ Neuromuscular disease					▪ Precipitous delivery				
▪ Overdose					▪ Preeclampsia/eclampsia				
▪ Seizures					▪ Spontaneous abortion				
▪ Spinal cord injury					▪ Ectopic pregnancy				
<b>14. ORTHOPEDICS</b>					▪ Doppler FHT				
▪ Ankle brace					▪ Obtaining cultures				
▪ Ankle splint					▪ STDs				
▪ Cast					<b>20. SPECIFIC MEDICATION KNOWLEDGE: DOSAGE CALCULATION, SIDE EFFECTS, ROUTES, ETC.</b>				
▪ Knee immobilizer					▪ Adenosine (Adenocard)				
▪ Pinned fractures					▪ Alipent (Metaproterenol sulfate)				
▪ Wrist splint					▪ Amiodarone (Cordarone)				
▪ Assist with closed fracture					▪ Amnophylline (Theophylline)				
▪ Assist with dislocation reductions					▪ Antiemetics				
<b>15. GASTROINTESTINAL SYSTEM</b>					▪ Antispasmodic				
▪ Abdominal trauma					▪ Atropine				
▪ Bowel obstruction					▪ Bretylium (Bretylol)				
▪ GI Bleeding					▪ Bronkosol (Isoetharine hydrochloride)				
▪ Hepatitis					▪ Carbamazepine (tegretol)				
▪ Liver failure					▪ Carbidopa-Levodopa (Sinemet)				
▪ Acute pancreatitis					▪ Cardizem (diltiazem hydrochloride)				
▪ Testicular torsion					▪ Charcoal				
▪ Diabetic ketoacidosis					▪ Clonazepam (Klonopin)				
<b>16. RENAL SYSTEM</b>					▪ Corticosteroids				
▪ Acute renal failure					▪ Coumadin				
▪ Peritoneal lavage					▪ Decadron (Dexamethasone)				
▪ Renal trauma					▪ Digoxin				
▪ Urinary tract infection					▪ Dilantin (Phenytoin)				

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<b>20. SPECIFIC MEDICATIONS CONTINUED</b>									
▪ Dobutamine (Dobutrex)									
▪ Dopamine									
▪ Epinephrine									
▪ Esmolol (Brevibloc)									
▪ Heparin									
▪ Hydrocortisone									
▪ IM vasopressin (Pitressin)									
▪ Inderal									
▪ Insulin									
▪ Ipecac									
▪ Isuprel									
▪ Lasix									
▪ Lidocaine									
▪ Lorazepam (Ativan)									
▪ Mannitol (Osmitol)									
▪ Methylprednisolone (Solu Medrol)									
▪ Nipride (Nitroprusside)									
▪ Nitroglycerine (Tridil)									
▪ Oral anticoagulants									
▪ Oral and IVP antihypertensives									
▪ Oral hypoglycemics									
▪ Oral and topical nitrates									
▪ Phenobarbital									
▪ Prednisone									
▪ Procardia									
▪ Pronestyl									
▪ Sodium bicarbonate									
▪ Steroids									
▪ Terbutaline									
▪ Thrombolytic therapy									
▪ Valium (Diazepam)									
▪ Ventolin (Albuterol)									
▪ Verapamil (Calan, Isoptin, Verelan)									