



Competency/Skills Self-Appraisal: Home Health

RN LPN

Name _____

Date _____

Please check the column that applies to your skill level:
 3= Very Competent > 1yr Exp. 2=Some Help needed <1 yr. Exp. 1=Need Direction <6 months Exp. 0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
▪ BCLS Expires:					▪ General Patient Assessment, History and Physical				
▪ ACLS Expires:					▪ Post Mortem Care and Arrangements				
▪ RNC Date:					▪ Isolation Criteria/Methods				
▪ IV Certification Expires:					▪ Patient positioning, Ambulation and ROM				
▪ Chemotherapy certification Expires:					▪ Elastic (TED) Hose/Stockings				
▪ Other Certification (specify): _____					▪ Patient/Family/Caregiver teaching				
▪ Computerized Charting System (specify) _____					▪ Monitoring of vital signs				
▪ Medication Administration System (specify) _____					▪ Monitoring of intake and output				
1. AGE SPECIFIC PRACTICE CRITERIA:					▪ Monitoring of weight				
▪ Newborn/Neonate (birth to 30 days)					▪ Interpretation and communication of lab values				
▪ Infant (30 days to 1 year)					▪ End of life care				
▪ Toddler (1 -3 years)					▪ Documentation of skilled care (written)				
▪ Preschooler (3-5 years)					▪ Electronic documentation				
▪ School Age Children (5-12 years)					▪ Medicare 485/486 forms				
▪ Adolescent (12-18 years)					▪ Oasis charting				
▪ Young Adults (18-39 years)					▪ Supervision of unlicensed personnel				
▪ Middle Adults (39-64 years)					▪ Cardiac arrest/respiratory arrest/CPR Adult				
▪ Geriatric (64 +)					▪ Cardiac arrest/respiratory arrest/CPR Pediatric				
2. EXPERIENCE WITH AGE GROUPS:					4. CARDIAC:				
▪ Able to adapt care to incorporate normal growth and development					▪ Auscultation/Interpretation Breath & Heart Sounds				
▪ Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level					▪ Pulses/Circulation Checks				
▪ Ensures safe environment reflecting specific needs of various age groups					▪ Blood Pressure – noninvasive				
3. GENERAL SKILLS:					▪ Placing/Maintaining/ Patient on Telemetry				
▪ Admission/Transfer/Discharge					▪ Running & Mounting Rhythm Strips				
▪ Charting/Documentation/Consents/Care Plans					▪ Basic arrhythmia interpretation				
▪ Confidentiality of Information/HIPAA					▪ Basic 12 lead Interpretation				
▪ Restraint Application/Procedures/Safety					▪ Lead Placement				
▪ Universal Precautions/Infection Control Procedures					▪ Apical pulse rate/rhythm				
▪ Advance Directives					▪ Holter monitor				
▪ JCAHO – National Patient Safety Guidelines					▪ Pacemaker – temporary				
▪ Ordering Medications and Supplies					▪ Pacemaker – permanent				
▪ Drug Administration/Unit Dose System					Care of patient with:				
▪ Lab work – ordering and values					▪ Hypertension				
▪ Specimen Collection					▪ Coronary artery disease				
▪ General Nursing assessment					▪ Acute MI				
▪ Bathing and Skin Care/Oral Care/Peri Care					▪ Post coronary artery bypass graft (CABG)				
▪ Routine Post-Op Care					▪ CHF				
▪ Recognizing failure to thrive across lifespan					▪ Thoracic aneurysm				

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4. CARDIAC CONTINUED:					▪ Spinal Cord Injury				
▪ Abdominal aneurysm					▪ Paralysis				
▪ Pre and post cardiac surgery					▪ Seizure activity				
▪ Fluid retention					▪ Traumatic brain injury				
5. RESPIRATORY:					▪ TIA's				
▪ Assessment/auscultation of lung sounds					▪ Parkinson's Disease				
Care of Airway Management Devices/Suctioning					▪ ALS				
▪ Nasal airway/suctioning					▪ Overdose				
▪ Sputum specimen collection					7. VASCULAR:				
▪ Tracheostomy/suctioning					▪ Assessment of vascular system				
▪ Care of home vent patient					▪ Peripheral pulses				
▪ O2 Therapy and Medication Delivery Systems - Ambu bag and mask					▪ IV Starts				
▪ Face masks					▪ Fluid overload				
▪ Inhalers					▪ IV Pump set up				
▪ Nasal cannula					▪ Drawing blood from central line				
▪ Portable O2 Tank					▪ Drawing venous blood				
▪ Trach collar					▪ IV Starts				
▪ Oximetry					▪ Angiocath				
▪ Chest physiotherapy					▪ Butterfly				
▪ Incentive spirometry					▪ Heparin Lock				
▪ Establishment of airway					▪ Peripheral Line dressings				
▪ Ultrasonic nebulizer					▪ Central line/catheter dressing				
Care of patient with:					▪ Broviac				
▪ Asthma					▪ Groshong				
▪ COPD					▪ Hickman				
▪ Emphysema					▪ Portacath				
▪ Tracheostomy					▪ Quinton				
▪ Lung Cancer					▪ CVP readings				
▪ Primary pulmonary hypertension					▪ Administration of blood/blood products – Whole blood				
▪ Pneumonia					▪ Albumin/plasma				
▪ Pulmonary Edema					▪ Packed Red Blood Cells				
▪ Pulmonary Embolism					▪ Cryoprecipitate				
▪ Tuberculosis					▪ Management of ports				
6. NEUROLOGICAL:					▪ TPN/Hyperalimentation				
▪ Neurological assessment – cerebellar function/cranial nerves/level of consciousness/pathologic reflexes					▪ Knowledge of normal serum blood values				
▪ Glasgow coma scale					▪ Dialysis				
▪ Seizure precautions					8. GASTROINTESTINAL:				
▪ Traction					▪ Assessment of GI patient - abdominal/bowel sounds				
Care of patient with:					▪ Fluid balance				
▪ Coma					▪ Nutritional requirements				
▪ Cerebral Vascular Accident (CVA)					▪ Interpretation of blood chemistry				
▪ Dementia/Alzheimer's Disease					▪ Placement of NG tube				
▪ Cerebral Tumors					▪ NG Medication Administration				
▪ Meningitis					▪ NG Tube care				
▪ Multiple Sclerosis					▪ Long term feeding tube (Keofeed/Dobhoff)				
▪ Neuromuscular disease					▪ PEG/Gastrostomy tube				

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8. GASTROINTESTINAL CONTINUED:					▪ Skin				
▪ Tube feeding – gravity					▪ Trans Epidermal Nerve Stimulator (TENS)				
▪ Tube feeding – pump					▪ Support devices – cane				
▪ Colostomy/ileostomy care					▪ Cervical Collar				
▪ T-tube					▪ Gait belt				
▪ Dehiscence					▪ Prosthetic				
Care of patient with:					▪ Sling				
▪ GI Bleeding					▪ Transfer boards				
▪ Colostomy					▪ Walker				
▪ GI Surgery					▪ Wheelchair				
▪ Ileostomy					▪ Crutch walking				
▪ Hepatitis					▪ Assistive devices				
▪ Gallbladder disease					▪ Bucks extension				
▪ Inflammatory bowel disease					▪ Traction				
▪ Liver failure					Care of patient with:				
▪ Pancreatitis					▪ Amputation				
9. RENAL/GENITOURINARY SYSTEM:					▪ Arthroscopic surgery				
▪ Renal/Genitourinary assessment					▪ Cast				
▪ AV fistula/shunt					▪ Osteoporosis				
▪ Fluid and electrolyte balance					▪ Splints				
▪ Interpretation of BUN and creatinine					▪ Pinned fractures				
▪ Insertion and care of straight and Foley catheter – male and female					▪ Rheumatic/arthritis disease				
▪ Catheter care – 3 way Foley					▪ Total hip replacement				
▪ Catheter care – supra-pubic					▪ Total knee replacement				
▪ Bladder irrigations – continuous					▪ Trauma				
▪ Bladder irrigation – intermittent					▪ Positioning of patient – hip replacement				
▪ Specimen collection – routine					▪ Skeletal traction				
▪ Nephrostomy tube care					12. WOUND MANAGEMENT/ SKINCARE:				
Care of patient with:					▪ Assessment of skin for impending breakdown				
▪ Ileostomy					▪ Stasis ulcers				
▪ Renal failure					▪ Surgical wound healing				
▪ Hemodialysis					▪ Use of air fluidized, low airloss beds				
▪ Self catheterization					▪ Sterile dressing changes				
▪ Peritoneal Dialysis					▪ Wound care/irrigation				
▪ Urinary tract infection					▪ Pressures sores				
▪ Kidney stones					▪ Staged decubitus ulcers				
▪ Straining urine					▪ Surgical wounds with drains				
▪ Incontinence					▪ Sterile dressing changes				
10. GYNECOLOGY:					▪ Aseptic dressing changes				
▪ Endometriosis					▪ Use of wound vac				
▪ Self breast exam					13. METABOLIC AND ENDOCRINE SYSTEM:				
▪ Mastectomy					▪ Metabolic assessment				
▪ Hysterectomy					▪ S/S diabetic coma				
11. ORTHOPEDICS:					▪ S/S insulin reaction				
▪ Assessment of orthopedic patient – Circulation checks					▪ Interpretation of blood glucose results				
▪ Gait					▪ Use of electronic blood glucose monitoring device				
▪ Range of motion					▪ Use of visual blood glucose strips				

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13. METABOLIC AND ENDOCRINE SYSTEM CONTINUED:					▪ Neonatal Level II				
▪ Performing finger stick					▪ Neonatal Level III				
▪ Indwelling insulin pump					▪ Draw blood from U line				
▪ Recognizing diabetic complications/emergencies					▪ Suction with catheter				
Care of patient with:					▪ Cord and circumcision care				
▪ Diabetes mellitus					▪ Phototherapy				
▪ Addison's Disease					▪ NG feedings				
▪ Diabetes insipidus					▪ Administer blood and blood products				
▪ Grave's Disease					▪ Use of cardiac monitors				
▪ Hypothyroidism					▪ Apnea monitor				
14. ONCOLOGY:					▪ Oxyhood				
▪ Assessment of oncology patient including nutritional status					▪ Ventilators				
▪ Pain control					Pediatrics				
▪ Interpretation of lab results – blood chemistry and blood counts					▪ Calculations of pediatric dosages				
▪ Reverse Isolation procedures					▪ Starting IV therapy				
▪ Fluid and electrolyte imbalance/dehydration					▪ Scalp veins				
Care of patient with:					▪ Apnea monitor				
▪ Bone marrow transplant					▪ Cardiac monitor				
▪ Oncologic surgery					▪ CPR infant/child				
▪ Chemotherapy					▪ Preparation of emergency drugs				
▪ Hospice					▪ Tracheostomy care and suctioning				
▪ Leukemia					▪ Assist with lumbar puncture				
▪ Radiation implant					▪ O2 administration				
▪ Oncological Crisis					▪ Croup tent				
▪ Radiation Therapy					▪ Use of ventilators				
15. INFECTIOUS DISEASES:					Care of patient with:				
▪ Interpretation of lab results – blood count					▪ Asthma				
▪ Fever management					▪ Bone marrow transplant				
▪ Isolation procedures					▪ Bronchopulmonary dysplasia				
Care of patient with:					▪ Cardiac surgery				
▪ AIDS					▪ CHF				
▪ Hepatitis					▪ Cystic fibrosis				
▪ MRSA					▪ Diabetes mellitus				
16. EYE, EAR, NOSE, THROAT:					▪ Epiglottis				
▪ Nose Bleeds					▪ Failure to thrive				
▪ Ear Infections					▪ Leukemia				
▪ Ear Tubes					▪ Meningitis				
▪ Cataract Surgery					▪ Near drowning				
▪ Glaucoma					▪ Overdose/poison ingestion				
17. PEDIATRIC/NEONATAL:					▪ PDA Ligation				
▪ Assessment and care pregnancy complications					▪ Post Harrington Rod insertion				
▪ Home care of postpartum mother/healthy baby					▪ RDS				
▪ Suction – neonate					▪ Reye's Syndrome				
▪ Eye prophylaxis					▪ Sickle cell				
▪ Collect cord blood samples					▪ Spina bifida				
Newborn Care					▪ Tracheoesophageal fistula				
▪ Neonatal Level I									

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18. VENT TYPES:					▪ Antibiotics				
▪ Bear I					▪ Breast self exam				
▪ Bear II					▪ Wound care				
▪ Bear V					22. MEDICATION ADMINISTRATION:				
▪ Bennett 7200					▪ Aminophylline				
▪ CPAP					▪ Antibiotics				
▪ Emerson					▪ Anti arrhythmic				
▪ Engstrom/Erica					▪ Anticoagulants				
▪ EMV					▪ Anticonvulsants				
▪ MA-I					▪ Atropine				
▪ MA-II					▪ Alipent (Metaproterenol sulfate)				
▪ Monihan					▪ Anti hypertensive				
▪ Ohio 560					▪ Beta blockers				
▪ PEEP					▪ Bronchodilators				
▪ Pressure Pre-Set					▪ Bronkosol				
▪ Servo 900b					▪ Brethine				
▪ Servo 900c					▪ Calcium channel blockers				
▪ Servo 900e					▪ Carbamazepine (tegretol)				
▪ Siemens					▪ Carbidopa-Levodopa (Sinemet)				
▪ Hewlett-Packard					▪ Cardizem (diltiazem hydrochloride)				
▪ Spacelab					▪ Chemotherapy				
▪ Marquette					▪ Clonazepam (Klonopin)				
▪ Mennen					▪ Coumadin				
▪ Lifecare					▪ Corticosteroids				
▪ Nihon-Köder					▪ Decadron (Dexamethasone)				
19. OTHER:					▪ Diuretics				
▪ Burns					▪ Digoxin				
▪ Post transplant					▪ Dilantin (Phenytoin)				
20. PAIN MANAGEMENT:					▪ Dopamine				
▪ Assessment of pain level/tolerance					▪ Dyazide				
▪ Care of patient with analgesia					▪ Epinephrine				
▪ Narcotic analgesia					▪ Expectorants				
▪ PCA Pump – patient controlled analgesia					▪ Heparin				
21. PATIENT/CAREGIVER TEACHING					▪ Hydrocortisone				
▪ Breast Feeding					▪ Inderal				
▪ Diabetic					▪ Insulin				
▪ Use of glucose meter					▪ IV infusions				
▪ Insulin education					▪ Lasix				
▪ Cardiac medications					▪ Lidocaine				
▪ Aminophylline					▪ Lorazepam (Ativan)				
▪ Bronchodilators					▪ Methylprednisolone (Solu Medrol)				
▪ Bronkosol					▪ Narcotics				
▪ Brethine					▪ Nitroglycerine (Tridil)				
▪ Expectorants					▪ NTG				
▪ Seizure medications					▪ Oral and IVP antihypertensives				
▪ IV infusion drugs					▪ Oral hypoglycemics				
▪ Narcotics					▪ Phenobarbital				

