

**Competency/Skills Self-Appraisal: Medical/Surgical**

RN  LPN

Name \_\_\_\_\_

Date \_\_\_\_\_

Please check the column that applies to your skill level:  
 3= Very Competent > 1yr Exp.    2=Some Help needed <1 yr. Exp.    1=Need Direction <6 months Exp.    0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
▪ BCLS Expires:					▪ General Patient Assessment, History and Physical				
▪ ACLS Expires:					▪ Post Mortem Care and Arrangements				
▪ RNC Date:					▪ Isolation Criteria/Methods				
▪ Other Certification (specify): _____					▪ Elastic (TED) Hose/Stockings				
▪ Computerized Charting System (specify) _____					▪ Auscultation/Interpretation Breath & Heart Sounds				
▪ Medication Administration System (specify) _____					▪ Doppler				
<b>1. AGE SPECIFIC PRACTICE CRITERIA:</b>					▪ Pulses/Circulation Checks				
▪ Newborn/Neonate (birth to 30 days)					▪ Blood Pressure – noninvasive				
▪ Infant ( 30 days to 1 year)					▪ Placing/Maintaining/ Patient on Telemetry				
▪ Toddler (1 -3 years)					▪ Running & Mounting Rhythm Strips				
▪ Preschooler (3-5 years)					▪ Basic arrhythmia interpretation				
▪ School Age Children ( 5-12 years)					▪ Basic 12 lead Interpretation				
▪ Adolescent (12-18 years)					▪ Lead Placement				
▪ Young Adults (18-39 years)					▪ Pacemaker - Permanent				
▪ Middle Adults (39-64 years)					▪ Pacemaker – temporary				
▪ Geriatric (64 +)					▪ Pulse Oximetry				
<b>2. EXPERIENCE WITH AGE GROUPS:</b>					▪ IV Pump set up				
▪ Able to adapt care to incorporate normal growth and development					▪ Drawing blood from central line				
▪ Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level					▪ Drawing venous blood				
▪ Ensures safe environment reflecting specific needs of various age groups					▪ IV Starts				
<b>3. GENERAL SKILLS:</b>					▪ Angiocath				
▪ Admission/Transfer/Discharge					▪ Butterfly				
▪ Charting/Documentation/Consents/Care Plans					▪ Heparin Lock				
▪ Confidentiality of Information/HIPAA					▪ Administration of blood/blood products – Whole blood				
▪ Restraint Application/Procedures/Safety					▪ Albumin/plasma				
▪ Universal Precautions/Infection Control Procedures					▪ Packed Red Blood Cells				
▪ Advance Directives					▪ Cryoprecipitate				
▪ JCAHO – National Patient Safety Guidelines					▪ Peripheral Line dressings				
▪ Ordering Medications and Supplies					▪ Central line/catheter dressing				
▪ Drug Administration/Unit Dose System					▪ Broviac				
▪ Lab work – ordering and values					▪ Groshong				
▪ Specimen Collection					▪ Hickman				
▪ Ordering/Preparing patient for Diagnostics					▪ Portacath				
▪ Bathing and Skin Care/Oral Care/Peri Care					▪ Quinton				
▪ Routine Pre-Op & Post-Op Care					▪ CVP readings				
▪ Anesthetic Types and Complications					▪ Drains (Hemovac, Jackson-Pratt, Penrose, etc.)				
▪ Patient positioning, Ambulation and ROM					▪ Dressing Changes				

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<b>4. LEADERSHIP</b>					▪ Pneumonia				
▪ Charge Nurse					▪ Pulmonary Edema				
▪ Team Leader					▪ Pulmonary Embolism				
▪ Primary Nurse					▪ Thoracotomy				
▪ Other (please specify): _____					▪ Tuberculosis				
<b>5. PATIENT TEACHING</b>					<b>7. CARDIOVASCULAR SYSTEM</b>				
▪ Pre and post operative teaching					▪ Abdominal aortic bypass				
▪ Diabetic teaching					▪ Aneurysm				
▪ Other patient teaching					▪ Angina				
▪ Family teaching					▪ Arterial Disease				
<b>6. PULMONARY SYSTEM</b>					▪ Cardiac Arrest				
Care of Airway Management Devices/Suctioning					▪ Cardiomyopathy				
▪ Endotracheal tube/suctioning					▪ Cartoid Endarterectomy				
▪ Nasal airway/suctioning					▪ Congestive Heart Failure (CHF)				
▪ Oropharyngeal/suctioning					▪ Femoral-popliteal bypass				
▪ Sputum specimen collection					▪ Hypertension				
▪ Tracheostomy/suctioning					▪ Myocarditis				
▪ Assist with intubation					▪ Post acute MI (24-48 hours)				
▪ Care of vent patient					▪ Post angioplasty				
Care of Chest Tube					▪ Post cardiac cath				
▪ Assist with setup and insertion					▪ Post cardiac surgery				
▪ Measuring and emptying					▪ Post open heart surgery				
▪ Tube removal					▪ Thrombophlebitis				
▪ Use of Pleurevac or Thoraclex					<b>8. NEUROLOGICAL SYSTEM</b>				
▪ Use of water seal or drainage system					▪ Neurological assessment – cerebellar function/cranial nerves/level of consciousness/pathologic reflexes				
O2 Therapy and Medication Delivery Systems					▪ Glasgow coma scale				
▪ Ambu bag and mask					▪ Level of consciousness				
▪ ET tube					▪ Assist with lumbar puncture				
▪ External CPAP					▪ Use of hyper/hypothermia blanket				
▪ Face masks					Care of patient with:				
▪ Inhalers					▪ Aneurysm precautions				
▪ Nasal cannula					▪ Basal skull fracture				
▪ Portable O2 Tank					▪ Closed head injury				
▪ Trach collar					▪ Coma				
▪ Oximetry					▪ Cerebral Vascular Accident (CVA)				
▪ Chest physiotherapy					▪ Dementia/Alzheimer's Disease				
▪ Incentive spirometry					▪ DT's				
Care of patient with:					▪ Encephalitis				
▪ ARDS					▪ External VP shunts				
▪ Asthma					▪ Halo Traction/ Crutchfield Tongs				
▪ Bronchoscopy					▪ Meningitis				
▪ COPD					▪ Multiple Sclerosis				
▪ Emphysema					▪ Neuromuscular disease				
▪ Fresh Tracheostomy					▪ Paralysis				
▪ Lobectomy					▪ Post craniotomy				
▪ Lung Resection					▪ Post Head Injury (Concussion)				
▪ Pneumothorax					▪ Post Myelgram				
▪ Pneumonectomy					▪ Seizure Disorders				

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<b>8. NEUROLOGICAL SYSTEM CONTINUED</b>					▪ T-tube				
▪ Seizure precautions					▪ Placement of nasogastric tube				
▪ Spinal Cord Injury					▪ NG Medication Administration				
<b>9. ORTHOPEDICS</b>					▪ Salem Sump to suction				
▪ Assessment of orthopedic patient – Circulation checks					▪ Colostomy care/Pouch systems				
▪ Gait					▪ Gastric Decompression/Levin tube/Gomco				
▪ Range of motion					Care of patient with:				
▪ Skin					▪ Bowel obstruction				
▪ Continuous passive motion devices					▪ GI Bleeding				
▪ Trans Epidermal Nerve Stimulator (TENS)					▪ Colostomy				
▪ Support devices – cane					▪ GI Surgery				
▪ Cervical Collar					▪ Ileostomy				
▪ Gait belt					▪ Hepatitis				
▪ Prosthetic					▪ Inflammatory bowel disease				
▪ Sling					▪ Liver failure				
▪ Transfer boards					▪ Pancreatitis				
▪ Walker					▪ Paralytic ileus				
▪ Wheelchair					▪ Invasive diagnostic testing				
▪ Traction					▪ Gallbladder Disease				
Care of patient with:					▪ Cholecystectomy				
▪ Amputation					▪ Appendectomy				
▪ Arthroscopic surgery					▪ Bowel Resection				
▪ Cast					<b>11. RENAL/GENITOURINARY SYSTEM</b>				
▪ Osteoporosis					▪ Renal/Genitourinary assessment				
▪ Splints					▪ AV fistula/shunt				
▪ Fracture complications – fat embolus					▪ Fluid and electrolyte balance				
▪ Open/closed reductions					▪ Interpretation of BUN and creatinine				
▪ Pinned fractures					▪ Insertion and care of straight and Foley catheter – male and female				
▪ Rheumatic/arthritis disease					▪ Catheter care – 3 way Foley				
▪ Total hip replacement					▪ Catheter care – supra-pubic				
▪ Total knee replacement					▪ Bladder irrigations – continuous				
▪ Lumbar laminectomy					▪ Bladder irrigation – intermittent				
▪ Sports Injuries					▪ Specimen collection – routine				
▪ Positioning of patient – lumbar laminectomy					▪ Specimen collection – 24 hour				
▪ Positioning of patient – hip replacement					▪ Nephrostomy tube care				
<b>10. GASTROINTESTINAL SYSTEM</b>					Care of patient with:				
▪ Assessment of GI patient - abdominal/bowel sounds					▪ Renal failure				
▪ Fluid balance					▪ Hemodialysis				
▪ Nutritional requirements					▪ Nephrectomy				
▪ Interpretation of blood chemistry					▪ Peritoneal Dialysis				
▪ Administration of tube feeding					▪ Renal Transplant				
▪ Feeding pump					▪ TURP				
▪ Gravity feeding					▪ Urinary diversion/ileal conduit Nephrostomy				
▪ Saline lavage					▪ Urinary tract infection				
▪ Flexible feeding tube – (Corpak,Dobhoff)					▪ Kidney stones				
▪ Management of Gastrostomy tube					▪ Straining urine				
▪ Jejunostomy tube					▪ Post renal surgery				

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<b>11. RENAL/GENITOURINARY SYSTEM CONTINUED</b>					▪ Nose Bleeds				
▪ A&P Repair					▪ Ear Infections				
▪ Hysterectomy					▪ Ear Tubes				
<b>12. ENDOCRINE/METABOLIC SYSTEMS</b>					▪ Radical Neck				
▪ Metabolic assessment					▪ Cataract Surgery				
▪ S/S diabetic coma					▪ Glaucoma				
▪ S/S insulin reaction					<b>16. COSMETIC/RECONSTRUCTIVE</b>				
▪ Interpretation of blood glucose results					▪ Facelift				
▪ Use of electronic blood glucose monitoring device					▪ Rhinoplasty				
▪ Use of visual blood glucose strips					▪ Other (please specify): _____				
▪ Performing finger stick					<b>17. PAIN MANAGEMENT</b>				
▪ Indwelling insulin pump					▪ Assessment of pain level/tolerance				
▪ Recognizing diabetic complications/emergencies					▪ Care of patient with anesthesia/analgesia				
Care of patient with:					▪ IV Conscious sedation				
▪ Diabetes mellitus					▪ Narcotic analgesia				
▪ Addison's Disease					▪ PCA Pump – patient controlled analgesia				
▪ Diabetes insipidus					<b>18. WOUND MANAGEMENT</b>				
▪ Grave's Disease					▪ Assessment of skin for impending breakdown				
▪ Hypothyroidism					▪ Stasis ulcers				
▪ Thyroidectomy					▪ Surgical wound healing				
<b>13. ONCOLOGY</b>					▪ Use of air fluidized, low airloss beds				
▪ Assessment of oncology patient including nutritional status					▪ Sterile dressing changes				
▪ Pain control					▪ Wound care/irrigation				
▪ Interpretation of lab results – blood chemistry and blood counts					▪ Pressures sores				
▪ Reverse Isolation procedures					▪ Staged decubitus ulcers				
▪ Fluid and electrolyte imbalance/dehydration					▪ Surgical wounds with drains				
Care of patient with:					▪ Traumatic wounds				
▪ Bone marrow transplant					<b>19. SPECIFIC MEDICATION KNOWLEDGE: DOSAGE CALCULATION, SIDE EFFECTS, ROUTES, ETC.</b>				
▪ Fresh oncologic surgery					▪ Aminophylline				
▪ Inpatient chemotherapy					▪ Anticonvulsants				
▪ Inpatient hospice					▪ Atropine				
▪ Leukemia					▪ Alipent (Metaproterenol sulfate)				
▪ Radiation implant					▪ Carbamazepine (tegretol)				
▪ Oncological Crisis					▪ Carbidopa-Levodopa (Sinemet)				
▪ Radiation Therapy (Inpatient)					▪ Cardizem (diltiazem hydrochloride)				
▪ Post Tumor Resection					▪ Chemotherapy				
<b>14. INFECTIOUS DISEASES</b>					▪ Clonazepam (Klonopin)				
▪ Interpretation of lab results – blood count					▪ Corticosteroids				
▪ Fever management					▪ Coumadin				
▪ Isolation procedures					▪ Decadron (Dexamethasone)				
Care of patient with:					▪ Digoxin				
▪ AIDS					▪ Dilantin (Phenytoin)				
▪ Hepatitis					▪ Dopamine				
▪ Lyme Disease					▪ Epinephrine				
▪ MRSA					▪ Heparin drip				
<b>15. EYE,EAR,NOSE, THROAT</b>					▪ Hydrocortisone				
Care of patient with:					▪ Insulin				
▪ Tonsillectomy and adenoidectomy					▪ Lasix				



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<b>19. SPECIFIC MEDICATION KNOWLEDGE</b>									
• Lidocaine									
• Lorazepam (Ativan)									
• Methylprednisolone (Solu Medrol)									
• Nitroglycerine (Tridil)									
• Oral and IVP antihypertensives									
• Oral hypoglycemics									
• Phenobarbital									
• Prednisone									
• Procardia									
• Steroids									
• Thyroid medications									
• Valium (Diazepam)									
• Ventolin (Albuterol)									

Revised: 6/2007  
HCS/HCS Travelers