

Competency/Skills Self-Appraisal: Outpatient Surgery

Please check the column that applies to your skill level:
 3= Very Competent > 1yr Exp. 2=Some Help needed <1 yr. Exp. 1=Need Direction <6 months Exp. 0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
5. CARDIOVASCULAR:					▪ Testosterone implant				
▪ Auscultation/Interpretation Breath & Heart Sounds					▪ Lupron therapy for prostate cancer				
▪ Pulses/Circulation Checks					▪ PAP smears				
▪ Chest Pain Differentiation					8. NEUROLOGICAL:				
▪ Placing/Maintaining/ Patient on Telemetry					▪ Assess level of consciousness				
▪ Running & Mounting Rhythm Strips					▪ Seizure precautions				
▪ Arrhythmia Interpretation					▪ Hypo/hyperthermia blanket				
▪ Basic 12 lead Interpretation					▪ TENS				
▪ Lead Placement – 5 electrode telemetry					▪ Sedation monitoring				
▪ Lead Placement – I,II,V leads					▪ Assist with lumbar puncture				
▪ Lead Placement – Lead II and MCL					▪ Assist with trigeminal nerve block				
▪ Emergency Defibrillation					▪ Halo adjustment				
▪ Automatic External Defibrillation (AED)					▪ Halo removal				
▪ Cardiac Arrest – ACLS					▪ Baclofen pump refill and check				
▪ Portable EKG monitor					▪ Set up Baclofen pump computer				
▪ Application of Holter monitor					9. IV THERAPY/PHLEBOTOMY:				
Pacemaker testing equipment					▪ Assist with Central Line Insertion				
▪ Attach leads to pacemaker monitor					▪ Removal of central line				
▪ Distinguish type of pacemaker					▪ Access/care of PICC line				
▪ Collect pacemaker data					▪ Removal of PICC line				
▪ Pacemaker telephone service					▪ CVP Monitoring				
6. GASTROINTESTINAL:					▪ Access/care of ports				
▪ Bowel sound assessment					▪ Drawing blood from central line				
▪ Insertion of nasogastric tube					▪ Drawing venous blood				
▪ Medication administration by NG tube					▪ IV Starts				
▪ Access GI distress/bleeding					▪ Angiocath				
7. RENAL:					▪ Butterfly				
▪ Renal/Genitourinary assessment					▪ Heparin Lock				
▪ AV fistula/shunt					▪ Infusion pump				
▪ Fluid and electrolyte balance					▪ Administration of blood/blood products – Whole blood				
▪ Interpretation of BUN and creatinine					▪ Albumin/plasma				
▪ Insertion and care of straight and Foley catheter – male and female					▪ Packed Red Blood Cells				
▪ Obtain/instruct clean catch urine					▪ Cryoprecipitate				
▪ Catheterization of urostomy					▪ Discontinue peripheral IV				
▪ Catheterization of Charleston Pouch					▪ Administer IV meds				
▪ Uroflowmetry					▪ Needle-less systems				
▪ Catheter care – supra-pubic					▪ Peripheral Line dressings				
▪ Bladder irrigations and/or instillation					▪ Central line/catheter dressing				
▪ Nephrostomy tube care					▪ Broviac				
▪ Cystoscopy					▪ Groshong				
▪ Stent removal					▪ Hickman				
▪ Bladder biopsy					▪ Portacath				
▪ Cystometrogram					▪ Quinton				
▪ Prostate biopsy					10. ORTHOPEDIC:				
▪ Urethral dilation					▪ Pin care				
▪ Contigen injection to bladder neck					▪ Remove external fixators with pin				

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10. ORTHOPEDIC CONTINUED:					▪ Nail surgery				
▪ Excision of nail or nail matrix					▪ IM Methotrexate injection				
▪ Debridements of foot wounds					▪ IM Steroid injection				
▪ Screw hardware removal					▪ Moh's Surgery/Chemo				
▪ Instruct on crutch walking					▪ Moh's Surgery Closure				
▪ Cast care					▪ Facials for cleaning and exfoliation				
▪ Apply braces – wrist/ankle					▪ Facials with extractions				
▪ Apply immobilizers – clavicle/knee					▪ Microdermabrasion				
11. GENERAL SURGERY:					▪ Hair removal with laser				
▪ Set up for procedures					Use of equipment:				
▪ Aseptic technique					▪ Total Body UVB Unit (narrow band)				
▪ Risks and complications for procedures					▪ Total Body UVB Unit (Broad band)				
▪ Preparation and pre-medication of patient					▪ Portable UVB unit				
▪ Radiation safety					▪ Total Body UVA unit				
▪ Environmental safety					▪ Portable UVAS Unit				
▪ Scrubbing for procedures					▪ Pulsed Dye Laser				
▪ Circulating for procedures					▪ Argon Laser				
▪ Use of disposable items					▪ CO2 Laser				
▪ Use of non-disposable items					▪ Versa Pulse Laser				
▪ Use of Doppler					13. PLASTICS:				
▪ Use of electrocautery					▪ Liposuction				
▪ Application of dressings					▪ Blepharoplasty/Rhytidectomy				
▪ Application of burn dressings					▪ Excision of lesions and masses				
Procedures					▪ Laser procedures				
▪ Debridement of wound					▪ nipple reconstruction				
▪ Incision and drainage					▪ Tissue expansion				
▪ Set up/assist suturing					14. ENDOCRINOLOGY:				
▪ Suture removal					▪ Specialized endocrine tests				
▪ Staple removal					▪ Thyroid aspirate/biopsy				
▪ Drain insertion					▪ Insulin provocative test (Triple Test)				
▪ Drain removal					▪ TB Skin testing				
▪ Minor surgery					▪ Use of glucose meter				
▪ Evacuation of Hematoma/seroma					▪ Diabetic teaching				
▪ Anoscopy					15. ENT:				
▪ Flexible sigmoidoscopy					▪ Sinus irrigation				
▪ Hemorrhoid banding					▪ Ear biopsy				
12. DERMATOLOGY:					▪ Ear irrigation with high pressure syringe				
▪ Shave biopsy					▪ Nose biopsy				
▪ Punch biopsy					▪ Mouth biopsy				
▪ Excision biopsy					▪ Myringotomy with tubes				
▪ Scissor biopsy					▪ Myringotomy without tubes				
▪ Electrodesiccation and curettage					▪ Closed reduction of nasal fracture				
▪ Excision					▪ Fiber optic Laryngoscopy				
▪ Unna boot					▪ Facial nerve monitor stimulation				
▪ Patch test					▪ Maloney esophageal dilation				
▪ Phototherapy					16. MAXILLOFACIAL:				
▪ Dermabrasion					▪ Maxillofacial prosthetics				

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16. MAXILLOFACIAL CONTINUED:					▪ Copaxone				
▪ Prosthodontics – restorative dentistry					▪ Corticosteroids				
▪ Preventative care					▪ Coumadin				
▪ Sterilization and infection control					▪ Digoxin				
▪ Patient teaching follow-up care					▪ Dobutamine (Dobutrex)				
17. RHEUMATOLOGY:					▪ Dopamine				
▪ Arthrocentesis – aspiration					▪ Epinephrine				
▪ Arthrocentesis – injection					▪ Heparin				
▪ Solganol (gold) injection					▪ Imitrex				
18. OTHER:					▪ Inderal				
▪ Liver biopsy					▪ Inocor				
▪ Kidney biopsy					▪ Insulin				
▪ Paracentesis					▪ Isuprel				
19. PAIN MANAGEMENT					▪ Lasix				
▪ Assessment of pain level/tolerance					▪ Lidocaine				
▪ Care of patient with anesthesia/analgesia					▪ Nipride (Nitroprusside)				
▪ IV Conscious sedation					▪ Nitroglycerine (Tridil)				
▪ Narcotic analgesia					▪ Oral anticoagulants				
▪ PCA Pump – patient controlled analgesia					▪ Oral and IVP antihypertensives				
▪ Trigger point injections					▪ Oral and topical nitrates				
▪ Cervical epidural					▪ Procardia				
▪ Lumbar epidural					▪ Pronestyl				
▪ Stellate ganglion block					▪ Valium				
▪ Bier block					▪ Ventolin (Albuterol)				
▪ Axillary block					▪ Verapamil (Calan, Isoptin, Verelan)				
▪ Thoracic epidural					▪ Versed				
▪ Lidocaine infusion test									
▪ Implantable narcotic pump refill									
▪ Caudal									
▪ Selective nerve root blocks									
▪ Facet joint blocks									
▪ Celiac plexus blocks									
▪ Use of pneumatic tourniquet									
▪ Cryo-analgesia machine									
20. MEDICATION ADMINISTRATION:									
▪ Aminophylline									
▪ Atropine									
▪ Alipent (Metaproterenol sulfate)									
▪ Amnophylline (Theophylline)									
▪ Avonex									
▪ Betaserone									
▪ Bicarbonate									
▪ Bretylium (Bretylol)									
▪ Bronkosol (Isoetharine hydrochloride)									
▪ Cardizem (diltiazem hydrochloride)									
▪ Conscious sedation medications									
▪ Conscious sedation reversal medications									