

Competency/Skills Self-Appraisal: PACU

RN LPN

Name _____

Date _____

Please check the column that applies to your skill level:

3= Very Competent > 1yr Exp.

2=Some Help needed <1 yr. Exp.

1=Need Direction <6 months Exp.

0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
▪ BCLS Expires:					▪ Team Leader				
▪ ACLS Expires:					▪ Primary Nurse				
▪ BTLS Expires:					▪ Other				
▪ CNOR Expires:					5. GENERAL SKILLS:				
▪ CCRN Expires:					▪ Admission/Transfer				
▪ CVRN Expires:					▪ Charting/Documentation/Consents				
▪ Arrhythmia Course Date:					▪ Confidentiality of Information				
▪ Critical Care Course Date:					▪ Restraint Application/Procedures/Safety				
▪ Other (specify) _____					▪ Universal Precautions/Infection Control Procedures				
▪ Computerized Charting System (specify) _____					▪ JCAHO – National Patient Safety Goals				
▪ Medication Administration System (specify) _____					▪ Care Plans				
1. AGE SPECIFIC PRACTICE CRITERIA:					▪ Sterile technique				
▪ Newborn/Neonate (birth to 30 days)					▪ Isolation Criteria/Procedures				
▪ Infant (30 days to 1 year)					▪ Care of patients with infectious Disease – HIV/Hepatitis				
▪ Toddler (1 -3 years)					▪ Dressing Changes				
▪ Preschooler (3-5 years)					▪ Urinary Catheterization				
▪ School Age Children (5-12 years)					▪ Diagnostics: Ordering, Preparing Patient				
▪ Adolescent (12-18 years)					▪ Auscultation/Interpretation Breath & Heart Sounds				
▪ Young Adults (18-39 years)					▪ Pulses/Circulation Checks				
▪ Middle Adults (39-64 years)					▪ Abnormal heart sounds/murmurs				
▪ Geriatric (64 +)					▪ Doppler				
2. EXPERIENCE WITH AGE GROUPS:					▪ Blood Pressure/noninvasive				
▪ Able to adapt care to incorporate normal growth and development					▪ Automated BP cuff				
▪ Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level					▪ Chest Pain Differentiation				
▪ Ensures safe environment reflecting specific needs of various age groups					▪ Placing/Maintaining/ Patient on Telemetry				
3. EXPERIENCE LEVEL					▪ Lead placement				
▪ Medical					▪ Running & Mounting Rhythm Strips				
▪ Surgical					▪ Arrhythmia Interpretation				
▪ Trauma – Level 1					▪ Basic 12 lead Interpretation				
▪ Cardiothoracic					▪ Cardioversion				
▪ Cardiovascular					▪ Pulse Oximetry				
▪ Coronary Care					▪ Interpretation of lab results – cardiac enzymes and isoenzymes				
▪ Neuro					▪ Interpretation of coagulation studies				
▪ Burn Unit					▪ Assist with Central Line Insertion				
▪ PACU					▪ Assist with Arterial Line Insertion				
▪ Ambulatory/Outpatient Surgery					▪ PA Catheter/Swan Ganz insertion				
▪ Other (specify): _____					▪ Assessment of peripheral pulses				
4. LEADERSHIP					▪ Assessment/management of fluid balance				
▪ Charge Nurse					▪ Management of Electrolytes				

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SKILLS	3	2	1	0	SKILLS	3	2	1	0
5. GENERAL SKILLS CONTINUED					Identification/Intervention Respiratory Complications				
▪ Interpretation of Hemodynamic monitoring					▪ Aspiration				
▪ Cardiac index					▪ Laryngospasm				
▪ Cardiac output					▪ Pneumothorax				
▪ CVP monitoring					▪ Atelectasis				
▪ MAP					▪ Hemothorax				
▪ PA/Swan Ganz					▪ Hypoventilation				
▪ Maintain patent lines					▪ Hyperventilation				
▪ PCW pressure					▪ Upper Airway Obstruction				
▪ PVR					▪ Troubleshoot vent alarms				
▪ Radial A-line					▪ Use of Pleurevac				
▪ SVO2					▪ Use of Thoraclex drainage system				
▪ SVR					▪ Use of water seal drainage				
▪ Maintenance and Management of pacemakers					▪ Obtaining ABG sample – arterial line				
▪ External pacemaker					▪ Arterial puncture				
▪ Permanent pacemaker					▪ Femoral artery				
▪ Temporary pacemaker					▪ Radial artery				
▪ Administration of volume expanders (Albumin, Dextran, Hetastarch)					O2 Therapy and Medication Delivery Systems				
▪ Discontinuing CVC's/venous sheaths					▪ Ambu bag and mask				
▪ Discontinuing arterial sheaths Femostop/Vasoseal					▪ ET tube				
▪ Cardiac arrest – adult					▪ External CPAP				
▪ Cardiac arrest – pediatric					▪ Face masks				
▪ Use of Broslow System					▪ Inhalers				
▪ Use of auto infusion pumps					▪ Nasal cannula				
▪ Vasoactive drug administration					▪ Portable O2 Tank				
▪ Pulmonary assessment					▪ Tracheostomy				
▪ Rate and work of breathing					▪ Trach collar				
▪ Interpretation of arterial blood gases					Ventilator Management				
▪ Troubleshoot air leaks					▪ External CPAP				
▪ Mediastinal chest tube removal					▪ High frequency jet ventilation				
▪ Pleural chest tube removal					▪ IMV/SIMV				
Care of Airway Management Devices/Suctioning					▪ PEEP				
▪ Endotracheal tube/suctioning					▪ Pressure support				
▪ Nasal airway/suctioning					▪ BiPAP				
▪ Oropharyngeal/suctioning					▪ AC (Assist Control)				
▪ Tracheostomy/suctioning					▪ Face masks				
▪ Oral airway insertion					▪ Inhalers				
▪ Oximetry					▪ Nasal cannula				
▪ Assist with Extubation					▪ Portable O2 Tank				
▪ Assist with intubation					▪ Tracheostomy				
▪ Assist with setup and insertion of chest tube					▪ Trach collar				
▪ Assist with emergency Tracheostomy					▪ PVC (Pressure Control Ventilation)				
▪ Airway management chin lift					▪ Inverse Ratio Ventilation				
▪ Airway management jaw thrust					▪ Oscillation/High Frequency Ventilation				
▪ Set up suctioning					▪ Weaning modes and T-piece weaning				
▪ Continuous suctioning					▪ Maintenance and Management of pleural chest tubes				
▪ Intermittent suctioning					▪ Use of CO2 Monitoring Devices				
▪ Laryngeal Mask Airway (LMA)					▪ SVO2 Monitoring				

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5. GENERAL SKILLS CONTINUED					▪ S/S insulin reaction				
▪ Measuring Tidal Volume					▪ Interpretation of blood glucose results				
▪ Regulate O2 Percentages					▪ Use of blood glucose monitoring device				
▪ Measure Trach cuff pressure					▪ Insulin administration by IV drip				
▪ Determine cuff air leaks					▪ Use of visual blood glucose strips				
▪ Determine Trach placement					▪ Performing finger stick				
▪ Neurological assessment – cerebellar function/cranial nerves/level of consciousness/pathologic reflexes/visual or communication deficits					▪ Administration of blood/blood products – Whole blood				
▪ Glasgow coma scale					▪ Albumin/plasma				
▪ Cervical spine precautions					▪ Packed Red Blood Cells				
▪ Seizure precautions					▪ Cryoprecipitate				
Intracranial/Cerebral Perfusion Pressure Monitoring by:					▪ Autotransfusion				
▪ Ventriculostomy					▪ Peripheral Line dressings				
▪ Subarachnoid screw/bolt					▪ Central line/catheter dressing				
▪ Tether Cords					▪ Broviac				
▪ Regulation of ICP					▪ Groshong				
▪ Administration of steroids					▪ Hickman				
▪ Administration of anticonvulsive medications					▪ Portacath				
▪ Monitoring of neuromuscular blocking agents/paralytics					▪ Quinton				
▪ GI assessment abdominal/bowel sounds/fluid balance/nutritional					▪ Drawing blood from central line				
▪ NG Tube Placement					▪ Drawing venous blood				
▪ Gastric tube					▪ IV Starts				
▪ Jejunostomy tube					▪ Angiocath				
▪ Stoma					▪ Butterfly				
▪ Maintenance of wound drains					▪ Heparin Lock				
▪ Self suction (Jackson-Pratt, Hemovac)					▪ Administration of volume expanders (Albumin, Dextran)				
▪ Irrigation drains (Axiom)					▪ Initiating and Care of patient with PCA				
▪ T tube					▪ IV Piggybacks				
▪ Biliary tube					▪ IV Push				
▪ Enterostomal Care					▪ IV sedation/Conscious Sedation				
▪ Operation of Gomco/Emerson Suction					▪ Assist with epidural placement				
▪ Administration of anti-emetics					▪ Assess spinal anesthesia levels				
▪ Renal/Genitourinary assessment					▪ Patient stimulation				
▪ Calculation of intake/output					▪ Stir up regimen				
▪ Fluid and electrolyte balance					▪ Use of reversal drugs				
▪ Insertion of straight and Foley catheter – male					▪ Use of warming blankets				
▪ Female					▪ Care of patient with latex allergy				
▪ 3 way Foley					▪ Use of lift/transfer devices				
▪ Bladder irrigation					▪ Alderette Scoring				
▪ Suprapubic tube					▪ Malignant Hyperthermia				
▪ Nephrostomy Tube					▪ Hypothermia				
▪ Orthopedic assessment – circulation check, range of motion					▪ Anaphylactic Shock				
▪ Cast care					▪ Hypovolemia				
▪ Management of skeletal traction					▪ Management of Shock				
▪ CPM Machine					▪ Hypertensive Crisis				
▪ Metabolic assessment					▪ Hypotensive Crisis				
▪ S/S diabetic ketoacidosis					▪ Fever management				
▪ S/S insulin shock									
▪ S/S diabetic coma									

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6. ANESTHESIA KNOWLEDGE					9. PULMONARY SYSTEM				
▪ Retrobulbar Anesthesia/Blockade					▪ Chest trauma				
▪ General					▪ Tracheostomy				
▪ LMA					▪ Laryngectomy				
▪ Paralytics					▪ Radical Neck Dissection				
▪ Reversal Agents					▪ Sinus Surgery				
▪ Epidural					▪ Adentonsillectomy (T&A)				
▪ Intrathecal					▪ Pulmonary Resection/Wedge				
▪ Spinal					▪ Resection/Lobectomy				
▪ Assessment of Dermatomes					▪ Bronchoscopy				
▪ Regional Block					▪ Bullectomy				
▪ Scalene					▪ Pneumonectomy				
▪ Brachial					▪ Penetrating/Open Chest Trauma				
▪ Femoral					▪ Post Thoracic Surgery				
▪ Conscious Sedation					▪ Lung transplant				
▪ Local Anesthetics					▪ Thoracotomy				
▪ PCA Pump					10. NEUROLOGICAL SYSTEM				
▪ Muscle Relaxants					▪ Burr holes				
▪ Narcotics					▪ Laminectomy				
7. PAIN MANAGEMENT					▪ Metastatic tumor/intracranial tumor resection				
▪ Assessment of pain level/tolerance					▪ Post craniotomy				
▪ Care of patient with epidural anesthesia/analgesia					▪ Ventriculostomy				
▪ IV Conscious sedation					▪ Cerebral Aneurysm				
▪ Narcotic analgesia					▪ Subarachnoid Hemorrhage				
▪ Administration of narcotics/sedatives (Fentanyl, Valium, Ativan, Versed)					▪ Aneurysm Clipping				
8. CARDIOVASCULAR SYSTEM					▪ Aneurysm Coiling				
▪ Abdominal aortic aneurysm repair					▪ Evacuation of Hematoma (Sudural, Epidural)				
▪ Percutaneous Transluminal Coronary Angioplasty (PTCA)					▪ Carotid Endarterectomy				
▪ Coronary Artery Bypass Graft Surgery (CABG)					▪ Spinal Tumor Excision				
▪ Mitral/Aortic Valve Replacement (MVR,AVR)					▪ Spinal Fusion				
▪ Cardiac Catheterization					▪ Ventricular Peritoneal Shunt				
▪ Post Cardiac Stents					11. GASTROINTESTINAL SYSTEM				
▪ Permanent Pacemaker (AICD Insertion)					▪ Abdominal trauma				
▪ Vena Cava filter					▪ Hernia Repair				
▪ Post Operative Myocardial Infarction					▪ Pyloric Stenosis Repair				
▪ Endoluminal Graft					▪ Colonoscopy				
▪ Heart Transplant					▪ EGD				
▪ Aortofemoral Bypass Grafting					▪ Exploratory Laparotomy				
▪ Axillofemoral Bypass Grafting					▪ Colostomy				
▪ Embolectomy					▪ ERCP				
▪ Thrombectomy					▪ Esophageal Dilatation				
▪ Open Heart Surgery					▪ Esophagogastrostomy				
▪ Post Arthroctomy (DCA)					▪ Ileostomy				
▪ Post commissurotomy, valve repair, valve replacement					▪ Biliary Atresia				
▪ Post Intracoronary stent placement					▪ Liver transplant				
▪ Post Percutaneous balloon valvuloplasty					▪ Pancreas transplant				
▪					▪ Bowel/Colon Resection				

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11. GASTROINTESTINAL SYSTEM					▪ Keratoplasty (Corneal Transplant)				
▪ Penetrating trauma					▪ Cochlear Implant				
▪ Nissen Fundoplication					▪ Myringotomy				
▪ Acute gastrointestinal hemorrhage					▪ Acoustic Neuroma Removal				
▪ Appendectomy					16. SKIN AND WOUND CARE				
▪ Vagotomy					▪ Wound Debridement				
▪ Abdominal Aortic Aneurysm					▪ Wound Vac				
▪ Gastrectomy – Partial					▪ Incision and Drainage				
▪ Gastrectomy - Complete					▪ Skin Grafts				
▪ Cholecystectomy – Open					▪ Skin Flaps				
▪ Cholecystectomy – Laparoscopic					▪ Cleft Lip/Palate Repair				
▪ Gastroplasty (Stapling)					▪ Plastic Surgery				
▪ Gastric Bypass (Bariatric Surgery)					17. REPRODUCTIVE SYSTEM				
▪ Whipple Procedure – Open					▪ Dilation and Curettage (D&C)				
▪ Whipple Procedure – Laparoscopic					▪ Hysterectomy – Laparoscopic				
▪ Pyloroplasty					▪ Hysterectomy – Vaginal				
▪ Esophagectomy					▪ TAH-BSO				
12. RENAL SYSTEM					▪ Oophorectomy				
▪ AortoRenal Bypass					▪ Salpingectomy				
▪ Cystectomy					▪ Mastectomy				
▪ Nephrectomy					▪ Mammoplasty				
▪ Renal transplant					▪ Lumpectomy				
▪ Ileal Conduit					▪ Radical Prostatectomy				
▪ AV Fistulas, Shunts, Dialysis Catheters					▪ Transurethral Resection of the Prostate				
▪ Urethral Stent Insertion					▪ Orchiectomy				
▪ Renal Trauma					18. SPECIFIC MEDICATION KNOWLEDGE: DOSAGE CALCULATION, SIDE EFFECTS, ROUTES, ETC.				
▪ Peritoneal lavage					▪ Adenosine (Adenocard)				
▪ Renal trauma					▪ Aggrastat				
13. METABOLIC/ENDOCRINE					▪ Alipent (Metaproterenol sulfate)				
▪ Thyroidectomy					▪ Amiodarone (Cordarone)				
▪ Transphenoidal Hypophysectomy					▪ Aminophylline				
▪ Adrenalectomy					▪ Amiodarone				
▪ Parathyroidectomy					▪ Amnophylline (Theophylline)				
14. ORTHOPEDICS					▪ Angiomax				
▪ Total joint replacement					▪ Antiemetics (Reglan, Zofran, Phenergan, Droperidol, Vistaril)				
▪ Open reduction and Internal Fixation					▪ Ativan				
▪ Amputation					▪ Atropine				
▪ Reattachment					▪ Bicarbonate				
▪ Multiple trauma					▪ Bretylium (Bretylol)				
▪ Arthroplasty					▪ Bronkosol (Isoetharine hydrochloride)				
▪ Limb Lengthening					▪ Bumex				
15. EENT					▪ Cardizem (diltiazem hydrochloride)				
▪ Blowout fractures					▪ Coumadin				
▪ Radical neck					▪ Decadron (Dexamethasone)				
▪ Blephoplasty					▪ Demerol				
▪ Laser Eye Surgery					▪ Digoxin				
▪ Cataract Extraction					▪ Dilantin (Phenytoin)				
▪ Scleral Buckling (Retinal Detachment)					▪ Dilaudid				

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18. SPECIFIC MEDICATIONS CONTINUED					▪ Romazicon				
▪ Dobutamine (Dobutrex)					▪ Streptokinase				
▪ Dopamine					▪ Sodium bicarbonate				
▪ Edecrin Sodium					▪ Steroids				
▪ Epidural administration					▪ Terbutaline				
▪ Epinephrine					▪ Valium (Diazepam)				
▪ Esmolol (Brevibloc)					▪ Ventolin (Albuterol)				
▪ Fentanyl					▪ Verapamil (Calan, Isoptin, Verelan)				
▪ Fibrinolytics					▪ Versed				
▪ Glycoprotein IIb/IIIa Receptor Inhibitors					19. SPECIFIC CARDIAC RHYTHM KNOWLEDGE, DYSRHYTHMIA INTERPRETATION:				
▪ H2 Receptor Antagonists					▪ Asystole				
▪ Heparin					▪ Ventricular Tachycardia, Fibrillation				
▪ IM vasopressin (Pitressin)					▪ Bradycardia				
▪ Incor (Amrinone)					▪ Atrial Fibrillation				
▪ Inderal					▪ Junctional Rhythm				
▪ Insulin					▪ Idioventricular Rhythm				
▪ Integriin					▪ Supraventricular Tachycardia				
▪ Inotropes/Vasoactive Drips					▪ First Degree AV Block				
▪ Isuprel					▪ Second Degree AV Block				
▪ Kayexelate					▪ Third Degree Heart Block				
▪ Lactulose (Cephulac)					▪ Premature Ventricular Contractions				
▪ Lasix					▪ Premature Atrial Contractions				
▪ Levophed					▪ Bigeminy, Trigeminy				
▪ Lidocaine					20. TEACHING				
▪ Lorazepam (Ativan)					▪ Patient				
▪ Mannitol (Osmitrol)					▪ Family				
▪ Methylprednisolone (Solu Medrol)									
▪ Metoprolol (Lopressor)									
▪ Morphine									
▪ Narcan									
▪ Nebulizer Treatments (Ventolin, Atrovent, Racemic, Epinephrine)									
▪ Nipride (Nitroprusside)									
▪ Nitroglycerine (Tridil)									
▪ Oral anticoagulants									
▪ Oral and IVP antihypertensives									
▪ Oral hypoglycemics									
▪ Oral and topical nitrates									
▪ Paralytic Agents (Norcuron, Pavulon, Nimbox, Tracrium)									
▪ Phenobarbital									
▪ Pitressin (Vasopressin)									
▪ Prednisone									
▪ Procardia									
▪ Pronestyl									
▪ Propofol									
▪ Rapid Sequence Intubation - Drugs									
▪ Reopro									
▪ Retavase									