



**Competency/Skills Self-Appraisal: Pediatrics**

RN  LPN

Name \_\_\_\_\_

Date \_\_\_\_\_

Please check the column that applies to your skill level:  
 3= Very Competent > 1yr Exp.    2=Some Help needed <1 yr. Exp.    1=Need Direction <6 months Exp.    0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
▪ BCLS Expires: _____					▪ Universal Precautions/Infection Control Procedures				
▪ NRP Expires: _____					▪ JCAHO – National Patient Safety Goals				
▪ PALS Expires: _____					▪ Care Plans				
▪ Other (specify) _____					▪ Suicide Precautions				
▪ Computerized Charting System (specify) _____					▪ Sterile technique				
▪ Medication Administration System (specify) _____					▪ Isolation Criteria/Procedures				
<b>1. AGE SPECIFIC PRACTICE CRITERIA:</b>					▪ Tissue/Organ Donation				
▪ Newborn/Neonate (birth to 30 days)					▪ Care of patients with infectious Disease – HIV/Hepatitis				
▪ Infant ( 30 days to 1 year)					▪ Dressing Changes				
▪ Toddler (1 -3 years)					▪ Urinary Catheterization				
▪ Preschooler (3-5 years)					▪ Diagnostics: Ordering, Preparing Patient				
▪ School Age Children ( 5-12 years)					▪ Auscultation/Interpretation Breath & Heart Sounds				
▪ Adolescent (12-18 years)					▪ Pulses/Circulation Checks				
▪ Young Adults (18-39 years)					▪ Abnormal heart sounds/murmurs				
<b>2. EXPERIENCE WITH AGE GROUPS:</b>					▪ Blood Pressure/noninvasive				
▪ Able to adapt care to incorporate normal growth and development					▪ Perfusion				
▪ Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level					▪ Placing/Maintaining/ Patient on Telemetry				
▪ Ensures safe environment reflecting specific needs of various age groups					▪ Lead placement				
<b>3. EXPERIENCE LEVEL PRIMARY CARE AREAS:</b>					▪ Running & Mounting Rhythm Strips				
▪ Medical					▪ Arrhythmia Interpretation				
▪ Surgical					▪ Basic 12 lead Interpretation				
▪ Telemetry					▪ Noninvasive cardiac monitoring				
▪ Orthopedics					▪ Defibrillation/Cardioversion				
▪ Oncology					▪ Pulse Oximetry				
▪ Neurology					▪ Interpretation of hemoglobin and hematocrit				
▪ Psychiatry					▪ Pulmonary assessment				
▪ Rehabilitation					▪ Adventitious breath sounds				
▪ Other (specify): _____					▪ Rate and work of breathing				
<b>4. LEADERSHIP:</b>					▪ Interpretation of arterial blood gases				
▪ Charge Nurse					▪ Interpretation of X-ray reports				
▪ Team Leader					Care of Airway Management Devices/Suctioning				
▪ Primary Nurse					▪ Bulb syringe				
▪ Other					▪ Nasal airway/suctioning				
<b>5. GENERAL SKILLS:</b>					▪ Oral airway/suctioning				
▪ Admission/Transfer					▪ Tracheostomy/suctioning				
▪ Charting/Documentation/Consents					▪ Sputum specimen collection				
▪ Confidentiality of Information					▪ Apnea monitor				
▪ Restraint Application/Procedures/Safety					▪ Chest physiotherapy				

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<b>5. GENERAL SKILLS CONTINUED:</b>					▪ Male catheter				
▪ Chest tubes					Collection of urine specimens				
▪ End tidal CO2					▪ Assist with supra pubic tap				
▪ Oximeter					▪ Catheter				
O2 Therapy / Medication Delivery Systems -					▪ Diaper/bag				
▪ Face mask					▪ Orthopedic assessment – circulation check, range of motion				
▪ Hood					▪ Metabolic assessment				
▪ Isolette					▪ Blood glucose monitoring				
▪ Nasal cannula					▪ Interpretation of blood glucose results				
▪ Portable O2 Tank					▪ Interpretation of thyroid studies/ levels				
▪ Trach collar					▪ Use of visual blood glucose strips				
▪ Water seal drainage system					▪ Performing finger stick				
▪ Neurological assessment – cerebellar function/cranial nerves/level of consciousness/pathologic reflexes/visual or communication deficits					▪ Administration of blood/blood products – Whole blood				
▪ Glasgow coma scale					▪ Packed Red Blood Cells				
▪ Assist with lumbar puncture					▪ Cryoprecipitate				
▪ Seizure precautions					▪ Drawing blood from central line				
▪ Intracranial/Cerebral Perfusion Pressure Monitoring					▪ Drawing venous blood				
▪ Use of hyper/hypothermia blanket					▪ IV Starts				
▪ Use of specialized orthopedic bed					▪ Angiocath				
▪ Application of splints					▪ Butterfly				
▪ Pinned fractures					▪ Heparin Lock				
▪ Traction					▪ Cut down				
▪ GI assessment abdominal/bowel sounds/fluid balance/nutritional					Management of IV therapy				
▪ interpretation of serum electrolytes					▪ Discontinuing				
Feedings					▪ Dressing and tubing change				
▪ Assist with breast feeding					▪ Site and patency assessment				
▪ Bottle					▪ Peripheral Line dressings				
▪ Breast milk handling/storage					▪ Central line/catheter dressing				
▪ Gavage					▪ Broviac				
▪ Central Hyperalimentation					▪ Groshong				
▪ Peripheral Hyperalimentation					▪ Hickman				
▪ I tubes					▪ Portacath				
▪ Gastrostomy/button					▪ Quinton				
▪ Jejunal feeding					▪ Wound management - Assessment of skin for impending breakdown				
▪ Nasogastric/orogastric tube placement					▪ Stasis ulcers				
▪ NG and sump tubes to suction					▪ Surgical wounds				
▪ Penrose drains					▪ Air fluidized, Low airloss beds				
▪ Wound irrigation					▪ Wound care				
▪ Test for occult blood					▪ Irrigation of wounds				
▪ Renal/Genitourinary assessment					▪ Thermoregulation				
▪ Fluid and electrolyte balance					▪ Sterile dressing changes				
▪ Interpretation of BUN and creatinine					▪ Pressure sores				
▪ Interpretation of urinalysis					▪ Staged decubitus ulcers				
▪ Insertion and care of straight catheter					▪ Surgical wounds with drains				
▪ Female catheter					▪ Traumatic wound care				
▪ Indwelling catheter					▪ First degree burns				

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<b>5. GENERAL SKILLS CONTINUED:</b>					▪ Pneumonia				
▪ Second degree burns					▪ Chronic respiratory disease				
▪ Third degree burns					▪ RDS				
▪ Antimicrobial Therapy (topical agents)					▪ Tonsillitis				
▪ Oncological assessment – nutritional status/pain control					▪ Tuberculosis				
▪ Interpretation of lab results for Oncological patient					<b>9. NEUROLOGICAL SYSTEM:</b>				
▪ Blood chemistry					▪ Battered child syndrome				
▪ Blood counts					▪ Closed head injury				
▪ Reverse isolation					▪ Encephalitis				
▪ Assist with bone marrow aspiration					▪ Febrile seizures				
▪ Assist with lumbar puncture					▪ Meningitis				
▪ Interpretation of CBC/differential					▪ Neuromuscular disease				
▪ Culture reports					▪ Seizures				
▪ Collect culture specimens					▪ Spinal cord injury				
▪ Isolation techniques					▪ Coma				
▪ Fever management					▪ Multiple sclerosis				
▪ Knowledge of normal growth and development					▪ Reyes syndrome				
▪ Recognize/report signs of child abuse and neglect					▪ Epilepsy				
▪ Use of transfer or lift devices					<b>10. GASTROINTESTINAL SYSTEM:</b>				
▪ Knowledge of normal lab values - peds					▪ Anal fissure				
▪ Immunization schedule					▪ GI Bleeding				
▪ Security precautions					▪ Cleft lip/palate				
▪ Suture removal					▪ Colostomy				
<b>6. PAIN MANAGEMENT:</b>					▪ Ileostomy				
▪ Assessment of pain level/tolerance					▪ Gastroenteritis/severe dehydration				
▪ Care of patient with epidural anesthesia/analgesia					▪ GE reflux				
▪ IV Conscious sedation					▪ Diaphragmatic hernia				
▪ Narcotic analgesia					▪ Failure to thrive (FTT)				
<b>7. CARDIOVASCULAR SYSTEM:</b>					▪ GI surgery/surgical abdomen				
▪ Bacterial Endocarditis					▪ Ulcerative colitis				
▪ Cardiac arrest					▪ Necrotizing enterocolitis (NEC)				
▪ Congestive heart failure					▪ Pyloric Stenosis				
▪ Cardiogenic Shock					▪ Intestinal parasites				
▪ Pre/Post Cardiac Catheterization					▪ Appendectomy				
▪ Cardiomyopathy					<b>11. RENAL SYSTEM:</b>				
▪ Congenital heart disease/defects					▪ Acute renal failure				
▪ Pericarditis					▪ Circumcision				
▪ Post cardiac surgery					▪ Nephrotic syndrome				
▪ Myocarditis					▪ Renal transplant				
▪ Rheumatic fever					▪ Glomerularnephritis				
▪ Shock					▪ Hemodialysis				
<b>8. PULMONARY SYSTEM:</b>					▪ Peritoneal Dialysis				
▪ Asthma					▪ Hemolytic uremic syndrome (HUS)				
▪ Bronchiolitis (BPD)					▪ Wilm's tumor				
▪ Cystic Fibrosis					▪ Hypospadias				
▪ Epiglottitis					▪ Urinary tract infection				
▪ LTB/croup					▪ Ileal conduit urethral				

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<b>11. RENAL SYSTEM CONTINUED:</b>					▪ Disseminated intravascular coagulation (DIC)				
▪ Infantile polycystic disease					▪ Fresh oncologic surgery				
▪ Kidney stones					▪ Inpatient chemotherapy				
▪ Nephrectomy					▪ Inpatient hospice				
<b>12. METABOLIC/ENDOCRINE:</b>					▪ Leukemia				
▪ Diabetic emergencies - Diabetic ketoacidosis					▪ Malignant tumors				
▪ Juvenile diabetes					▪ Radiation implant				
▪ PKU					▪ Sickle cell anemia				
▪ Drug overdose					▪ Hemophilia				
▪ Thyroid dysfunction					▪ Hodgkin's disease				
▪ Hypoglycemia					▪ Spleen trauma/Splenectomy				
▪ Adrenal disorders					▪ Infectious mononucleosis				
▪ Cushing's syndrome					▪ Chemotherapy complications				
▪ Pituitary disorders					▪ Radiation complications				
<b>13. ORTHOPEDICS:</b>					<b>16. INFECTIOUS DISEASE:</b>				
▪ Cervical traction					▪ HIV/AIDS				
▪ Post vertebral surgery					▪ Hepatitis				
▪ Amputation					▪ Tuberculosis				
▪ Reattachment					▪ Septic shock				
▪ Multiple trauma					▪ Cytomegalo virus (CMV)				
▪ Pinned fractures					▪ Common childhood communicable diseases – chickenpox, .etc.				
▪ Clubfoot					▪ Kawasaki disease				
▪ Body casts – Spica					▪ Lyme disease				
▪ Scoliosis					<b>17. OTHER:</b>				
▪ Muscular dystrophy					▪ Substance abuse (ETOH, Stimulants, Narcotics)				
▪ Osteogenic sarcoma					▪ Anaphylaxis				
▪ Osteomyelitis					▪ Complex wound care				
<b>14. TRAUMA AND BURNS:</b>					▪ Ear infections				
▪ Electrocutation					▪ Ear tubes				
▪ Gangrene					▪ Thrush				
▪ First degree burns					▪ Craniofacial reconstruction				
▪ Second degree burns					▪ End of life care				
▪ Third degree burns					▪ Anorexia/bulimia				
▪ Dehydration					▪ ENT surgery				
▪ Gunshot wounds					▪ Eye surgery				
▪ Stab wounds					▪ Suicidal ideation/attempt				
▪ Hazardous material exposure					▪ Depression				
▪ Ingestion of foreign body					▪ Plastic surgery				
▪ Hypothermia/Frostbite					<b>18. TEACHING</b>				
▪ Poisoning					▪ Patient				
▪ Caustic Ingestions					▪ Family/Caregiver				
▪ Drug overdoses					▪ Child/Family reactions to hospitalization				
<b>15. ONCOLOGY:</b>					<b>19. DRUG ADMINISTRATION:</b>				
▪ Anemia					▪ Calculation of pediatric doses				
▪ Bone marrow transplant					▪ Knowledge of routine pediatric drugs				
▪ Depressed immune system					▪ Knowledge of emergency drugs				

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<b>19. MEDICATION ADMINISTRATION CONTINUED:</b>									
▪ Knowledge of delivery methods									
▪ Eye/ear installations									
▪ IM									
▪ IV									
▪ Metered dose inhaler									
▪ SQ									
▪ Z trach									
▪ Knowledge of emergency drug action and reaction									
▪ Pediatric drug actions and reactions									
▪ Alupent									
▪ Amnophylline (Theophylline)									
▪ Anticonvulsants									
▪ Antiemetics									
▪ Antispasmodic									
▪ Charcoal									
▪ Chemotherapy									
▪ Clonazepam									
▪ Corticosteroids									
▪ Digoxin									
▪ Dilantin (Phenytoin)									
▪ Dobutamine (Dobutrex)									
▪ Dopamine									
▪ Epidural administration									
▪ Epinephrine									
▪ Growth hormone									
▪ Heparin									
▪ Insulin									
▪ Ipecac									
▪ Isuprel									
▪ Narcan									
▪ Nebulizer Treatments (Ventolin, Atrovent)									
▪ Nipride (Nitroprusside)									
▪ Nitroglycerine (Tridil)									
▪ Phenobarbital									
▪ Prednisone									
▪ Steroids									
▪ Tegretol									
▪ Thyroid medications									
▪ Valium (Diazepam)									