

Competency/Skills Self-Appraisal: Post Partum/Nursery

RN LPN

Name _____

Date _____

Please check the column that applies to your skill level:
 3= Very Competent > 1yr Exp. 2=Some Help needed <1 yr. Exp. 1=Need Direction <6 months Exp. 0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
▪ BCLS Expires:					▪ General Patient Assessment, History and Physical				
▪ NRP Expires:					▪ Post Mortem Care and Arrangements				
▪ RNC Date:					▪ Isolation Criteria/Methods				
▪ Other Certification (specify): _____					▪ Auscultation/Interpretation Breath & Heart Sounds				
▪ Computerized Charting System (specify) _____					▪ Doppler				
▪ Medication Administration System (specify) _____					▪ Pulses/Circulation Checks				
1. AGE SPECIFIC PRACTICE CRITERIA:					▪ Blood Pressure – noninvasive				
▪ Newborn/Neonate (birth to 30 days)					▪ Placing/Maintaining/ Patient on Telemetry				
▪ Infant (30 days to 1 year)					▪ Running & Mounting Rhythm Strips				
▪ Adolescent (12-18 years)					▪ Basic arrhythmia interpretation				
▪ Young Adults (18-39 years)					▪ Basic 12 lead Interpretation				
▪ Middle Adults (39-64 years)					▪ Lead Placement				
2. EXPERIENCE WITH AGE GROUPS:					▪ Pacemaker - Permanent				
▪ Able to adapt care to incorporate normal growth and development					▪ Pacemaker – temporary				
▪ Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level					▪ Pulse Oximetry				
▪ Ensures safe environment reflecting specific needs of various age groups					▪ IV Pump set up				
3. PRIMARY EXPERIENCE:					▪ Drawing blood from central line				
▪ Couplet (Mother/Baby)					▪ Drawing venous blood				
▪ Newborn Nursery					▪ IV Starts				
▪ Post partum					▪ Angiocath				
4. GENERAL SKILLS:					▪ Butterfly				
▪ Admission/Transfer/Discharge					▪ Heparin Lock				
▪ Charting/Documentation/Consents/Care Plans					▪ Administration of blood/blood products – Whole blood				
▪ Confidentiality of Information/HIPAA					▪ Albumin/plasma				
▪ Restraint Application/Procedures/Safety					▪ Packed Red Blood Cells				
▪ Universal Precautions/Infection Control Procedures					▪ Peripheral Line dressings				
▪ Advance Directives					▪ Central line/catheter dressing				
▪ JCAHO – National Patient Safety Guidelines					▪ Dressing Changes				
▪ Ordering Medications and Supplies					5. LEADERSHIP:				
▪ Drug Administration/Unit Dose System					▪ Charge Nurse				
▪ Lab work – ordering and values					▪ Team Leader				
▪ Specimen Collection					▪ Primary Nurse				
▪ Ordering/Preparing patient for Diagnostics					▪ Other (please specify): _____				
▪ Bathing and Skin Care/Oral Care/Peri Care					6. PATIENT TEACHING:				
▪ Routine Pre-Op & Post-Op Care					▪ Pre and post operative teaching				
▪ Anesthetic Types and Complications					▪ Diabetic teaching				
▪ Patient positioning, Ambulation and ROM					▪ Other patient teaching- contraceptive				
▪ Security precautions – infant abduction					▪ Family teaching				

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7. POST PARTUM INTERVENTIONS:					▪ Formula preparation				
▪ Assessment					▪ Bottle feeding				
▪ Bladder distension					▪ Infant care restraint systems				
▪ Breast engorgement					▪ Infant caretaking skills				
▪ DVT					▪ Perineal care				
▪ Episiotomy					▪ Sitz bath				
▪ Fluid balance					▪ Child safety seats				
▪ Fundal height					Care of patient with				
▪ GI function post anesthesia					▪ Asthma				
▪ Lochia amount					▪ Cardiac disease				
▪ Maternal vital signs					▪ Cesarean section				
▪ Parental/infant interaction and attachment					▪ Diabetes mellitus				
▪ Perineum – Hematoma					▪ Infection disease – AIDS				
▪ Perineum – hemorrhoids					▪ Infectious disease – Hepatitis				
▪ Interpretation of lab results					▪ Known substance abuse				
▪ Urine – glucose					▪ Hypertension				
▪ Ketones					▪ Multiple births				
▪ Protein					▪ Post Tubal ligation				
▪ Specific gravity					▪ Pregnancy induced hypertension/preeclampsia				
▪ Adult cardiopulmonary resuscitation					▪ Spontaneous vaginal delivery				
▪ Cardioversion					▪ Thrombophlebitis				
▪ O2 Therapy and Medication Delivery Systems - Ambu bag and mask					▪ Seizure Disorders				
▪ ET tube					▪ Neuromuscular disease				
▪ External CPAP					8. NORMAL NEONATAL CARE:				
▪ Face masks					▪ Newborn assessment				
▪ Inhalers					▪ Ballard scale				
▪ Nasal cannula					▪ Circumference				
▪ Portable O2 Tank					▪ Dubowitz scale				
▪ Trach collar					▪ Length				
▪ Oximetry					▪ Neonatal jaundice				
▪ Chest physiotherapy					▪ Reflexes				
▪ Discharge teaching					▪ Vital signs				
▪ Foster parental/infant interaction/attachment					▪ Weight				
▪ Insert catheter					▪ Administration of injections to neonate				
▪ Catheter care and maintenance – foley					▪ Assist with circumcision				
▪ Catheter care and maintenance – straight					▪ Assess post op site				
▪ Post anesthesia care – epidural					▪ Teach circumcision care to parents				
▪ General anesthesia					▪ Bathe infant				
▪ Local anesthesia					▪ Culture suspect infectious neonate				
▪ Spinal anesthesia					▪ Discharge procedure				
▪ Post cesarean care					▪ Incubator				
Teach/assist with					▪ Isolettes				
▪ Breastfeeding/parent education					▪ Infant identification				
▪ Latch on procedures					▪ Monitor bladder and bowel patterns				
▪ Positioning					▪ Obtain specimens via specimen bag				
▪ Use of electric breast pump					▪ Test stool for blood				
▪ Use of manual breast pump					▪ Test stool for reducing substances				

