

**Competency/Skills Self-Appraisal: School Nurse**
 RN  LPN

Name \_\_\_\_\_

Date \_\_\_\_\_

3= Very Competent &gt; 1yr Exp.

Please check the column that applies to your skill level:

2=Some Help needed &lt;1 yr. Exp. 1=Need Direction &lt;6 months Exp. 0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
▪ BCLS Expires: _____					<b>5. GENERAL SKILLS:</b>				
▪ ACLS Expires: _____					▪ Charting/Documentation/Consents/Care Plans				
▪ NRP Expires: _____					▪ Universal Precautions/Infection Control Procedures				
▪ PALS Expires: _____					▪ Restraint Procedures/Safety				
▪ Other Certification (specify): _____					▪ Advance Directives				
▪ Arrhythmia Course: _____ Date: _____					▪ JCAHO – National Patient Safety Guidelines				
▪ Other (specify) _____ Date: _____					▪ Ordering Medications and Supplies				
▪ Computerized Charting System (specify) _____					▪ Drug Administration/Unit Dose System				
▪ Medication Administration System (specify) _____					▪ Patient/Family Teaching				
<b>1. AGE SPECIFIC PRACTICE CRITERIA:</b>					▪ Child/Family Reaction to Hospitalization				
▪ Newborn/Neonate (birth to 30 days)					▪ Explanation of procedures/forms/treatment protocols				
▪ Infant ( 30 days to 1 year)					▪ Vital Signs				
▪ Toddler (1 -3 years)					▪ Non-invasive BP Monitoring				
▪ Preschooler (3-5 years)					▪ Interpretation of blood glucose results				
▪ School Age Children ( 5-12 years)					▪ Use of electronic blood glucose monitoring device				
▪ Adolescent (12-18 years)					▪ Use of visual blood glucose strips				
▪ Young Adults (18-39 years)					▪ Performing finger stick				
<b>2. EXPERIENCE WITH AGE GROUPS:</b>					▪ Indwelling insulin pump				
▪ Able to adapt care to incorporate normal growth and development					▪ Recognizing diabetic complications/emergencies				
▪ Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level					▪ Management of Gastrostomy tube				
▪ Ensures safe environment reflecting specific needs of various age groups					▪ Jejunostomy tube				
<b>3. PEDIATRIC EXPERIENCE:</b>					▪ NG Medication Administration				
▪ School					▪ Colostomy care/Pouch systems				
▪ Hospital					▪ Vision exam – Snellen Eye Chart				
▪ Clinic					▪ Insertion and care of straight and Foley catheter – male and female				
▪ Office					▪ Vaccinations				
▪ Home Health					▪ Immunizations				
<b>4. KNOWLEDGE LAWS/REGULATIONS</b>					▪ General Patient Assessment, History and Physical				
▪ HIPAA/Confidentiality of Information					▪ Isolation Criteria/Methods				
▪ Informed Consent					▪ Auscultation/Interpretation Breath & Heart Sounds				
▪ Consent to treat minor/Parental Consents					▪ Pulses/Circulation Checks				
▪ 504					▪ Basic arrhythmia interpretation				
▪ IDEA					▪ Basic 12 lead Interpretation				
▪ IEP					▪ Pulse Oximetry				
▪ LRE					▪ IV Pump set up				
▪ Applicable Federal/State Laws					▪ IV Starts				
▪ Communicable Disease Reporting					▪ Angiocath				
▪ Reporting Child Abuse/Neglect					▪ Butterfly				

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SKILLS	3	2	1	0	SKILLS	3	2	1	0
<b>5. GENERAL SKILLS CONTINUED:</b>					▪ Assistive technology				
▪ Heparin Lock					▪ Budget Management				
▪ Care of Airway Management Devices/Suctioning					▪ Child Protection case conferences				
▪ Oral suctioning					▪ Computer				
▪ Nasal airway/suctioning					▪ Gait training				
▪ Oropharyngeal/suctioning					▪ Health promotions				
▪ Care of vent patient					▪ Obesity/Nutrition				
▪ Care of Chest Tube					▪ PE				
▪ Measuring and emptying					▪ Perceptual motor				
▪ O2 Therapy and Medication Delivery Systems - Ambu bag and mask					▪ Positioning				
▪ Face masks					▪ Prevocational				
▪ Inhalers					▪ Screening/monitoring health and development				
▪ Nasal cannula					▪ Special educational needs				
▪ Portable O2 Tank					▪ Splinting				
▪ Trach collar					▪ Substance abuse				
▪ Chest physiotherapy					▪ Transfer training				
▪ Metabolic assessment					<b>8. DISABILITIES:</b>				
▪ Assessment of pain level/tolerance					▪ ADD				
▪ Wound management					▪ ADHD				
▪ Assessment of skin for impending breakdown					▪ Cerebral palsy				
▪ Stasis ulcers					▪ Developmental delay				
▪ Surgical wound healing					▪ Down Syndrome				
▪ Sterile dressing changes					▪ Emotionally handicapped				
▪ Wound care/irrigation					▪ Learning disabled				
▪ Pressures sores					▪ Mentally handicapped				
▪ Staged decubitus ulcers					▪ Muscular dystrophy				
▪ Surgical wounds with drains					▪ Spina bifida				
▪ Medication administration – oral					▪ TBI				
▪ IM					<b>9. ILLNESS/INJURY</b>				
▪ Subcutaneous					▪ General emergency guidelines				
▪ IV					▪ First aid procedures				
<b>6. INTERVENTIONS/STRATEGIES</b>					▪ Abdominal injury – general and protruding wounds				
▪ Activity Enhancement					▪ Abdominal pain assessment				
▪ Classroom modifications					▪ Vomiting				
▪ Classroom/Home programs					▪ Diarrhea				
▪ Consultation					▪ Allergic reactions				
▪ Curriculum modification					▪ Anaphylactic				
▪ In class					▪ Hives/rash				
▪ Individual					▪ Amputation				
▪ In-service education					▪ Asthma				
▪ Pull out					▪ Bites – animal				
▪ Small groups					▪ Bites – human				
<b>7. OTHER SKILLS:</b>					▪ Bites – spider				
▪ Adaptive					▪ Bites - tick				
▪ ADL training					▪ Bleeding – internal				
▪ Architectural barriers					▪ Bleeding – wound				

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<b>9. ILLNESS/INJURY:</b>					▪ Hypertension				
▪ Blisters					▪ Hyperventilation				
▪ Broken bones/fractures					▪ Mouth/jaw injuries				
▪ Casts/splint care					▪ Nose bleeds				
▪ Dislocations					▪ Nose – foreign objects				
▪ Closed fracture					▪ Scoliosis				
▪ Open fracture					▪ Seizures/convulsions				
▪ Bruises					▪ Sexually transmitted disease				
▪ Burns – electrical					▪ Shock				
▪ Burns – chemical					▪ Sickle cell				
▪ First degree burns					▪ Spine injury				
▪ Second degree burns					▪ Splinters				
▪ Third degree burns					▪ Sports injuries				
▪ Colds/ influenza					▪ Sprains				
▪ Choking					▪ Stings				
▪ CPR					▪ Wounds – superficial				
▪ Dental problems – loss of baby teeth					▪ Wounds - puncture				
▪ Braces/orthodontic appliances					▪ Wounds – deep/extensive				
▪ Broken tooth					▪ Assault				
▪ Dislocated tooth					▪ Behavioral disorders				
▪ Toothache					▪ Child abuse – physical/sexual				
▪ Object wedged in teeth					▪ Ingestion of Poison/foreign body				
▪ Diabetes					▪ Anorexia/bulimia				
▪ S/S diabetic coma					▪ Depression				
▪ S/S insulin reaction					▪ Suicidal threats/actions				
▪ Hyperglycemia					▪ Sexual assault				
▪ Hypoglycemia					<b>10. MEDICATION KNOWLEDGE:</b>				
▪ Ear ache					▪ Digoxin				
▪ Foreign object in ear					▪ Alupent				
▪ Electrical shock					▪ Aminophylline				
▪ Eye – foreign object					▪ Isuprel				
▪ Eye – chemical burn					▪ Ventolin				
▪ Eye injuries – bruises/blows					▪ Clonazepam				
▪ Eye injury penetrating					▪ Corticosteroids				
▪ Fainting					▪ Dilantin				
▪ Fever					▪ Phenobarbital				
▪ Finger injuries – torn nail					▪ Tegretol				
▪ Frostbite					▪ Valium				
▪ Genital injury – penile,scrotum,vaginal					▪ Growth hormone				
▪ Headache					▪ Insulin				
▪ Head injury – closed					▪ Thyroid				
▪ Head injury – open					▪ Prednisone				
▪ Heat emergencies – exhaustion/stroke/cramps					▪ Chemotherapy				
▪ Hemophilia					▪ Ritalin				
▪ Hepatitis									
▪ HIV infection/AIDS									

