

**Competency/Skills Self-Appraisal: Critical Care Unit**

RN  LPN

Name \_\_\_\_\_

Date \_\_\_\_\_

Please check the column that applies to your skill level:  
 3= Very Competent > 1yr Exp.      2=Some Help needed <1 yr. Exp.      1=Need Direction <6 months Exp.      0=Never Done

| SKILLS  | 3 | 2 | 1 | 0 | SKILLS   | 3 | 2 | 1 | 0 |
|---|---|---|---|---|--|---|---|---|---|
| ▪ BCLS Expires:   |   |   |   |   | ▪ Primary Nurse  |   |   |   |   |
| ▪ ACLS Expires:   |   |   |   |   | ▪ Other  |   |   |   |   |
| ▪ BTLS Expires:   |   |   |   |   | <b>5. GENERAL SKILLS:</b>  |   |   |   |   |
| ▪ TNCC Expires:   |   |   |   |   | ▪ Admission/Transfer   |   |   |   |   |
| ▪ CCRN Expires:   |   |   |   |   | ▪ Charting/Documentation/Consents                                |   |   |   |   |
| ▪ Arrhythmia Course Date:   |   |   |   |   | ▪ Confidentiality of Information                                 |   |   |   |   |
| ▪ Critical Care Course Date:  |   |   |   |   | ▪ Restraint Application/Procedures/Safety                        |   |   |   |   |
| ▪ Other (specify) _____   |   |   |   |   | ▪ Universal Precautions/Infection Control Procedures             |   |   |   |   |
| ▪ Computerized Charting System (specify) _____  |   |   |   |   | ▪ JCAHO – National Patient Safety Goals                          |   |   |   |   |
| ▪ Medication Administration System (specify) _____  |   |   |   |   | ▪ Care Plans   |   |   |   |   |
| <b>1. AGE SPECIFIC PRACTICE CRITERIA:</b>   |   |   |   |   | ▪ Suicide Precautions  |   |   |   |   |
| ▪ Newborn/Neonate (birth to 30 days)  |   |   |   |   | ▪ Sterile technique  |   |   |   |   |
| ▪ Infant ( 30 days to 1 year)   |   |   |   |   | ▪ Isolation Criteria/Procedures                                  |   |   |   |   |
| ▪ Toddler (1 -3 years)  |   |   |   |   | ▪ Tissue/Organ Donation  |   |   |   |   |
| ▪ Preschooler (3-5 years)   |   |   |   |   | ▪ Care of patients with infectious Disease – HIV/Hepatitis       |   |   |   |   |
| ▪ School Age Children ( 5-12 years)   |   |   |   |   | ▪ Dressing Changes   |   |   |   |   |
| ▪ Adolescent (12-18 years)  |   |   |   |   | ▪ Urinary Catheterization  |   |   |   |   |
| ▪ Young Adults (18-39 years)  |   |   |   |   | ▪ Diagnostics: Ordering, Preparing Patient                       |   |   |   |   |
| ▪ Middle Adults (39-64 years)   |   |   |   |   | ▪ Auscultation/Interpretation Breath & Heart Sounds              |   |   |   |   |
| ▪ Geriatric (64 +)  |   |   |   |   | ▪ Pulses/Circulation Checks                                      |   |   |   |   |
| <b>2. EXPERIENCE WITH AGE GROUPS:</b>   |   |   |   |   | ▪ Abnormal heart sounds/murmurs                                  |   |   |   |   |
| ▪ Able to adapt care to incorporate normal growth and development   |   |   |   |   | ▪ Doppler  |   |   |   |   |
| ▪ Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level |   |   |   |   | ▪ Blood Pressure/noninvasive                                     |   |   |   |   |
| ▪ Ensures safe environment reflecting specific needs of various age groups                                    |   |   |   |   | ▪ Pulse/circulation checks                                       |   |   |   |   |
| <b>3. EXPERIENCE LEVEL</b>  |   |   |   |   | ▪ Chest Pain Differentiation                                     |   |   |   |   |
| ▪ Medical   |   |   |   |   | ▪ Placing/Maintaining/ Patient on Telemetry                      |   |   |   |   |
| ▪ Surgical  |   |   |   |   | ▪ Lead placement   |   |   |   |   |
| ▪ Trauma  |   |   |   |   | ▪ Running & Mounting Rhythm Strips                               |   |   |   |   |
| ▪ Cardiothoracic  |   |   |   |   | ▪ Arrhythmia Interpretation                                      |   |   |   |   |
| ▪ Cardiovascular  |   |   |   |   | ▪ Basic 12 lead Interpretation                                   |   |   |   |   |
| ▪ Coronary Care   |   |   |   |   | ▪ Cardioversion  |   |   |   |   |
| ▪ Neuro   |   |   |   |   | ▪ Pulse Oximetry   |   |   |   |   |
| ▪ Burn Unit   |   |   |   |   | ▪ Interpretation of lab results – cardiac enzymes and isoenzymes |   |   |   |   |
| ▪ PACU  |   |   |   |   | ▪ Interpretation of coagulation studies                          |   |   |   |   |
| ▪ Other (specify): _____  |   |   |   |   | ▪ Assist with Central Line Insertion                             |   |   |   |   |
| <b>4. LEADERSHIP</b>  |   |   |   |   | ▪ Assist with Arterial Line Insertion                            |   |   |   |   |
| ▪ Charge Nurse  |   |   |   |   | ▪ PA Catheter/Swan Ganz insertion                                |   |   |   |   |
| ▪ Team Leader   |   |   |   |   | ▪ Assist with pericardiocentesis                                 |   |   |   |   |

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|---|---|---|---|---|--|---|---|---|---|
| <b>5. GENERAL SKILLS CONTINUED</b>                                  |   |   |   |   | Identification/Intervention Respiratory Complications  |   |   |   |   |
| ▪ Assist with transesophageal echocardiogram                        |   |   |   |   | ▪ Aspiration   |   |   |   |   |
| ▪ Automatic internal cardioverter defibrillator                     |   |   |   |   | ▪ Laryngospasm   |   |   |   |   |
| ▪ CAVH-D  |   |   |   |   | ▪ Tension pneumothorax   |   |   |   |   |
| ▪ Interpretation of Hemodynamic monitoring                          |   |   |   |   | ▪ Use of Pleurevac   |   |   |   |   |
| ▪ Cardiac index   |   |   |   |   | ▪ Use of Thoraclex drainage system   |   |   |   |   |
| ▪ Cardiac output  |   |   |   |   | ▪ Use of water seal drainage   |   |   |   |   |
| ▪ CVP monitoring  |   |   |   |   | ▪ Obtaining ABG sample – arterial line   |   |   |   |   |
| ▪ Femoral artery sheath removal                                     |   |   |   |   | ▪ Arterial puncture  |   |   |   |   |
| ▪ MAP   |   |   |   |   | ▪ Femoral artery   |   |   |   |   |
| ▪ PA/Swan Ganz  |   |   |   |   | ▪ Radial artery  |   |   |   |   |
| ▪ PCW pressure  |   |   |   |   | O2 Therapy and Medication Delivery Systems   |   |   |   |   |
| ▪ PVR   |   |   |   |   | ▪ Ambu bag and mask  |   |   |   |   |
| ▪ Radial A-line   |   |   |   |   | ▪ ET tube  |   |   |   |   |
| ▪ SVO2  |   |   |   |   | ▪ External CPAP  |   |   |   |   |
| ▪ SVR   |   |   |   |   | ▪ Face masks   |   |   |   |   |
| ▪ Intra aortic balloon pump   |   |   |   |   | ▪ Inhalers   |   |   |   |   |
| ▪ Maintenance and Management of pacemakers                          |   |   |   |   | ▪ Nasal cannula  |   |   |   |   |
| ▪ External pacemaker  |   |   |   |   | ▪ Portable O2 Tank   |   |   |   |   |
| ▪ Permanent pacemaker   |   |   |   |   | ▪ Tracheostomy   |   |   |   |   |
| ▪ Temporary pacemaker   |   |   |   |   | ▪ Trach collar   |   |   |   |   |
| ▪ Transthoracic (edocardial) pacemaker/wires                        |   |   |   |   | Ventilator Management  |   |   |   |   |
| ▪ Ventricular assist device (LVAD,RVAD)                             |   |   |   |   | ▪ External CPAP  |   |   |   |   |
| ▪ Administration of volume expanders (Albumin, Dextran, Hetastarch) |   |   |   |   | ▪ High frequency jet ventilation   |   |   |   |   |
| ▪ Discontinuing CVC's/venous sheaths                                |   |   |   |   | ▪ IMV/SIMV   |   |   |   |   |
| ▪ Discontinuing arterial sheaths Femostop/Vasoseal                  |   |   |   |   | ▪ PEEP   |   |   |   |   |
| ▪ Assist with insertion of pacemaker                                |   |   |   |   | ▪ Pressure support   |   |   |   |   |
| ▪ Pulmonary assessment  |   |   |   |   | ▪ BiPAP  |   |   |   |   |
| ▪ Adventitious breath sounds  |   |   |   |   | ▪ AC (Assist Control)  |   |   |   |   |
| ▪ Rate and work of breathing  |   |   |   |   | ▪ PVC (Pressure Control Ventilation)   |   |   |   |   |
| ▪ Interpretation of arterial blood gases                            |   |   |   |   | ▪ Inverse Ratio Ventilation  |   |   |   |   |
| ▪ Troubleshoot air leaks  |   |   |   |   | ▪ Oscillation/High Frequency Ventilation   |   |   |   |   |
| ▪ Mediastinal chest tube removal                                    |   |   |   |   | ▪ Weaning modes and T-piece weaning  |   |   |   |   |
| ▪ Pleural chest tube removal  |   |   |   |   | ▪ Maintenance and Management of pleural chest tubes  |   |   |   |   |
| Care of Airway Management Devices/Suctioning                        |   |   |   |   | ▪ Neurological assessment – cerebellar function/cranial nerves/level of consciousness/pathologic reflexes/visual or communication deficits |   |   |   |   |
| ▪ Endotracheal tube/suctioning                                      |   |   |   |   | ▪ Glasgow coma scale   |   |   |   |   |
| ▪ Nasal airway/suctioning   |   |   |   |   | ▪ Assist with lumbar puncture  |   |   |   |   |
| ▪ Oropharyngeal/suctioning  |   |   |   |   | ▪ Seizure precautions  |   |   |   |   |
| ▪ Sputum specimen collection  |   |   |   |   | Intracranial/Cerebral Perfusion Pressure Monitoring by:  |   |   |   |   |
| ▪ Tracheostomy/suctioning   |   |   |   |   | ▪ Ventriculostomy  |   |   |   |   |
| ▪ Oral airway insertion   |   |   |   |   | ▪ Subarachnoid screw/bolt  |   |   |   |   |
| ▪ Oximetry  |   |   |   |   | ▪ Intrathecal Catheters  |   |   |   |   |
| ▪ Assist with Extubation  |   |   |   |   | ▪ Cervical spine precautions   |   |   |   |   |
| ▪ Assist with intubation  |   |   |   |   | ▪ Logroll positioning  |   |   |   |   |
| ▪ Assist with thoracentesis   |   |   |   |   | ▪ Use of kinetic bed   |   |   |   |   |
| ▪ Assist with Bronchoscopy  |   |   |   |   | ▪ Halo vest/Halo traction  |   |   |   |   |
| ▪ Assist with setup and insertion of chest tube                     |   |   |   |   | ▪ Cervical tongs   |   |   |   |   |
| ▪ Assist with emergency Tracheostomy                                |   |   |   |   | ▪ Monitoring of neuromuscular blocking agents/paralytics   |   |   |   |   |

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| SKILLS   | 3 | 2 | 1 | 0 | SKILLS   | 3 | 2 | 1 | 0 |
|--|---|---|---|---|--|---|---|---|---|
| <b>5. GENERAL SKILLS CONTINUED</b>                               |   |   |   |   | ▪ Metabolic assessment                                   |   |   |   |   |
| ▪ Epidural medication administration                             |   |   |   |   | ▪ S/S diabetic ketoacidosis                              |   |   |   |   |
| ▪ Regulation of ICP  |   |   |   |   | ▪ S/S insulin shock                                      |   |   |   |   |
| ▪ Temperature control  |   |   |   |   | ▪ S/S diabetic coma                                      |   |   |   |   |
| ▪ Ventilation  |   |   |   |   | ▪ S/S insulin reaction                                   |   |   |   |   |
| ▪ Intracranial pressure monitoring                               |   |   |   |   | ▪ Interpretation of blood glucose results                |   |   |   |   |
| ▪ Use of hyper/hypothermia blanket                               |   |   |   |   | ▪ Interpretation of thyroid studies/ levels              |   |   |   |   |
| ▪ Rotating bed   |   |   |   |   | ▪ Use of blood glucose monitoring device                 |   |   |   |   |
| ▪ Stryker frame  |   |   |   |   | ▪ Insulin administration by IV drip                      |   |   |   |   |
| ▪ Nerve stimulators  |   |   |   |   | ▪ Use of visual blood glucose strips                     |   |   |   |   |
| ▪ GI assessment abdominal/bowel sounds/fluid balance/nutritional |   |   |   |   | ▪ Performing finger stick                                |   |   |   |   |
| ▪ NG Tube Placement  |   |   |   |   | ▪ Hyperosmolar Hyperglycemic Nonketotic Coma (HHNK)      |   |   |   |   |
| ▪ Salem Sump   |   |   |   |   | ▪ Diabetes Insipidus (DI)                                |   |   |   |   |
| ▪ Iced Saline lavage   |   |   |   |   | ▪ Syndrome of Inappropriate Antidiuretic Hormone (SIADH) |   |   |   |   |
| ▪ Administration of tube feeding                                 |   |   |   |   | ▪ Administration of blood/blood products – Whole blood   |   |   |   |   |
| ▪ Small bore feeding tube insertion (Dobhoff or Keofeed)         |   |   |   |   | ▪ Albumin/plasma   |   |   |   |   |
| ▪ Use of activated charcoal                                      |   |   |   |   | ▪ Packed Red Blood Cells                                 |   |   |   |   |
| ▪ Maintenance/Management of Gastrostomy tube                     |   |   |   |   | ▪ Cryoprecipitate  |   |   |   |   |
| ▪ Maintenance/Management of Jejunostomy tube                     |   |   |   |   | ▪ Autotransfusion  |   |   |   |   |
| ▪ T tube   |   |   |   |   | ▪ Peripheral Line dressings                              |   |   |   |   |
| ▪ Stoma care   |   |   |   |   | ▪ Central line/catheter dressing                         |   |   |   |   |
| ▪ TPN and lipids administration                                  |   |   |   |   | ▪ Broviac  |   |   |   |   |
| ▪ PPN (Peripheral parenteral nutrition)                          |   |   |   |   | ▪ Groshong   |   |   |   |   |
| ▪ Gravity feeding  |   |   |   |   | ▪ Hickman  |   |   |   |   |
| ▪ Feeding pump   |   |   |   |   | ▪ Portacath  |   |   |   |   |
| ▪ Balloon tamponade (Sengstaken Blakemore)                       |   |   |   |   | ▪ Quinton  |   |   |   |   |
| ▪ Assisting/monitoring bedside endoscopy                         |   |   |   |   | ▪ Drawing blood from central line                        |   |   |   |   |
| ▪ Insertion of post-pyloric feeding tubes                        |   |   |   |   | ▪ Drawing venous blood                                   |   |   |   |   |
| ▪ Interpretation of blood chemistry                              |   |   |   |   | ▪ IV Starts  |   |   |   |   |
| ▪ Serum ammonia  |   |   |   |   | ▪ Angiocath  |   |   |   |   |
| ▪ Serum amylase  |   |   |   |   | ▪ Butterfly  |   |   |   |   |
| ▪ LFTs   |   |   |   |   | ▪ Heparin Lock   |   |   |   |   |
| ▪ Renal/Genitourinary assessment                                 |   |   |   |   | Wound management   |   |   |   |   |
| ▪ AV fistula/shunt   |   |   |   |   | ▪ Assessment of skin for impending breakdown             |   |   |   |   |
| ▪ Fluid and electrolyte balance                                  |   |   |   |   | ▪ Stasis ulcers  |   |   |   |   |
| ▪ Interpretation of BUN and creatinine                           |   |   |   |   | ▪ Surgical wounds  |   |   |   |   |
| ▪ Interpretation of serum electrolytes                           |   |   |   |   | ▪ Air fluidized, Low airloss beds                        |   |   |   |   |
| ▪ Insertion of straight and Foley catheter – male                |   |   |   |   | ▪ Wound care   |   |   |   |   |
| ▪ Female   |   |   |   |   | ▪ Irrigation of wounds                                   |   |   |   |   |
| ▪ 3 way Foley  |   |   |   |   | ▪ Thermoregulation                                       |   |   |   |   |
| ▪ Bladder irrigation   |   |   |   |   | ▪ Rule of Nines  |   |   |   |   |
| ▪ Suprapubic tube  |   |   |   |   | ▪ Fluid resuscitation                                    |   |   |   |   |
| ▪ Nephrostomy Tube   |   |   |   |   | ▪ Debridement  |   |   |   |   |
| ▪ Peritoneal Dialysis  |   |   |   |   | ▪ Hydrotherapy   |   |   |   |   |
| ▪ Continuous Arteriovenous Hemofiltration (CAVHD, CVVHD, SCUF)   |   |   |   |   | ▪ Antimicrobial Therapy (topical agents)                 |   |   |   |   |
| ▪ Hemodialysis of critically ill patient                         |   |   |   |   | ▪ Escharotomy  |   |   |   |   |
| ▪ Insulin pump   |   |   |   |   | ▪ Skin grafting  |   |   |   |   |
| ▪ Orthopedic assessment – circulation check, range of motion     |   |   |   |   | ▪ Application of pressure garments                       |   |   |   |   |

Revised: 6/2007

HCS/HCS Travelers

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| SKILLS   | 3 | 2 | 1 | 0 | SKILLS   | 3 | 2 | 1 | 0 |
|--|---|---|---|---|--|---|---|---|---|
| <b>5. GENERAL SKILLS CONTINUED</b>   |   |   |   |   | ▪ Cardiac Tamponade                                    |   |   |   |   |
| ▪ Use of transfer or lift devices  |   |   |   |   | ▪ Open Heart Surgery                                   |   |   |   |   |
| ▪ Rapid Response Team  |   |   |   |   | ▪ EP study and ablation                                |   |   |   |   |
| ▪ Interpretation of Lab values CBC and SMA7                                |   |   |   |   | ▪ Post AICD insertion                                  |   |   |   |   |
| ▪ Fever management   |   |   |   |   | ▪ Post Arthroctomy (DCA)                               |   |   |   |   |
| <b>6. SPECIFIC CARDIAC RHYTHM KNOWLEDGE, DYSRTHMIA INTERPRETATION:</b>     |   |   |   |   | ▪ Post commissurotomy, valve repair, valve replacement |   |   |   |   |
| ▪ Asystole   |   |   |   |   | ▪ Post Intracoronary stent placement                   |   |   |   |   |
| ▪ Ventricular Tachycardia, Fibrillation                                    |   |   |   |   | ▪ Post Percutaneous balloon valvuloplasty              |   |   |   |   |
| ▪ Bradycardia  |   |   |   |   | ▪ Post rotoblade                                       |   |   |   |   |
| ▪ Atrial Fibrillation  |   |   |   |   | ▪ Pre/post angioplasty                                 |   |   |   |   |
| ▪ Junctional Rhythm  |   |   |   |   | <b>9. PULMONARY SYSTEM</b>                             |   |   |   |   |
| ▪ Idioventricular Rhythm   |   |   |   |   | ▪ Chest trauma   |   |   |   |   |
| ▪ Supraventricular Tachycardia   |   |   |   |   | ▪ Aspiration   |   |   |   |   |
| ▪ First Degree AV Block  |   |   |   |   | ▪ COPD   |   |   |   |   |
| ▪ Second Degree AV Block   |   |   |   |   | ▪ Hemopneumothorax                                     |   |   |   |   |
| ▪ Third Degree Heart Block   |   |   |   |   | ▪ Larynogospasm  |   |   |   |   |
| ▪ Premature Ventricular Contractions                                       |   |   |   |   | ▪ Acute Pneumonia                                      |   |   |   |   |
| ▪ Premature Atrial Contractions  |   |   |   |   | ▪ Pneumothorax   |   |   |   |   |
| ▪ Bigeminy, Trigeminy  |   |   |   |   | ▪ Pulmonary Edema                                      |   |   |   |   |
| <b>7. PAIN MANAGEMENT</b>  |   |   |   |   | ▪ Pulmonary embolism                                   |   |   |   |   |
| ▪ Assessment of pain level/tolerance                                       |   |   |   |   | ▪ Tension pneumothorax                                 |   |   |   |   |
| ▪ Care of patient with epidural anesthesia/analgesia                       |   |   |   |   | ▪ Tuberculosis   |   |   |   |   |
| ▪ IV Conscious sedation  |   |   |   |   | ▪ ARDS   |   |   |   |   |
| ▪ Narcotic analgesia   |   |   |   |   | ▪ Status Asthmaticus                                   |   |   |   |   |
| ▪ Administration of narcotics/sedatives (Fentanyl, Valium, Ativan, Versed) |   |   |   |   | ▪ Acute Respiratory Failure                            |   |   |   |   |
| ▪ Bispectral monitoring  |   |   |   |   | ▪ Near Drowning  |   |   |   |   |
| <b>8. CARDIOVASCULAR SYSTEM</b>  |   |   |   |   | ▪ Pre/Post Thoracic Surgery                            |   |   |   |   |
| ▪ Acute Myocardial Infarction  |   |   |   |   | ▪ Pulmonary Hypertension                               |   |   |   |   |
| ▪ Angina Pectoris  |   |   |   |   | ▪ Cor pulmonale  |   |   |   |   |
| ▪ Abdominal aortic aneurysm repair   |   |   |   |   | ▪ Lung transplant                                      |   |   |   |   |
| ▪ Cardiac Arrest   |   |   |   |   | ▪ Lobectomy  |   |   |   |   |
| ▪ Pre/Post Cardiac Catheterization   |   |   |   |   | ▪ Fresh Tracheostomy                                   |   |   |   |   |
| ▪ Pre/Post Cardiac Stents  |   |   |   |   | ▪ Thoracotomy  |   |   |   |   |
| ▪ Cardiomyopathy   |   |   |   |   | <b>10. NEUROLOGICAL SYSTEM</b>                         |   |   |   |   |
| ▪ Congestive Heart Failure (CHF)   |   |   |   |   | ▪ Basal skull fracture                                 |   |   |   |   |
| ▪ Myocardial Contusion   |   |   |   |   | ▪ Closed head injury                                   |   |   |   |   |
| ▪ Hypertensive Crisis  |   |   |   |   | ▪ CVA  |   |   |   |   |
| ▪ Cardiogenic Shock  |   |   |   |   | ▪ DTs  |   |   |   |   |
| ▪ Embolus  |   |   |   |   | ▪ Encephalitis   |   |   |   |   |
| ▪ Myocarditis  |   |   |   |   | ▪ Externalized VP Shunts                               |   |   |   |   |
| ▪ Endoluminal Graft  |   |   |   |   | ▪ Meningitis   |   |   |   |   |
| ▪ Pericarditis   |   |   |   |   | ▪ Neuromuscular disease                                |   |   |   |   |
| ▪ Endocarditis   |   |   |   |   | ▪ Overdose   |   |   |   |   |
| ▪ Coronary Artery Bypass Graft Surgery (CABG)                              |   |   |   |   | ▪ Seizures   |   |   |   |   |
| ▪ Mitral/Aortic Valve Replacement (MVR,AVR)                                |   |   |   |   | ▪ Spinal cord injury                                   |   |   |   |   |
| ▪ MAZE Procedure   |   |   |   |   | ▪ Aneurysm precautions                                 |   |   |   |   |
| ▪ Cardiac Vascular Disease   |   |   |   |   | ▪ Coma   |   |   |   |   |
| ▪ Heart Transplant   |   |   |   |   | ▪ Increased ICP  |   |   |   |   |

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|---|---|---|---|---|---|---|---|---|---|
| <b>10. NEUROLOGICAL SYSTEM CONTINUED</b>        |   |   |   |   | ▪ TURP  |   |   |   |   |
| ▪ Laminectomy                                   |   |   |   |   | ▪ Urinary diversion (ileal conduit Nephrostomy) |   |   |   |   |
| ▪ Metastatic tumor/intracranial tumor resection |   |   |   |   | <b>13. METABOLIC/ENDOCRINE</b>                  |   |   |   |   |
| ▪ Post craniotomy                               |   |   |   |   | ▪ Diabetes mellitus                             |   |   |   |   |
| ▪ Ventriculostomy                               |   |   |   |   | ▪ Diabetic ketoacidosis                         |   |   |   |   |
| ▪ Cerebral Aneurysm                             |   |   |   |   | ▪ Addison's Disease                             |   |   |   |   |
| ▪ Subarachnoid Hemorrhage                       |   |   |   |   | ▪ Drug overdose                                 |   |   |   |   |
| ▪ Myasthenia Gravis                             |   |   |   |   | ▪ Disorders of pituitary gland                  |   |   |   |   |
| ▪ Status Epilepticus                            |   |   |   |   | ▪ Graves Disease                                |   |   |   |   |
| ▪ Guillain-Barre Syndrome                       |   |   |   |   | ▪ Hypothyroidism                                |   |   |   |   |
| ▪ Pituitary Tumor                               |   |   |   |   | ▪ Insulin shock                                 |   |   |   |   |
| <b>11. GASTROINTESTINAL SYSTEM</b>              |   |   |   |   | ▪ Thyroidectomy                                 |   |   |   |   |
| ▪ Abdominal trauma                              |   |   |   |   | <b>14. ORTHOPEDICS</b>                          |   |   |   |   |
| ▪ Bowel obstruction                             |   |   |   |   | ▪ Fat embolus                                   |   |   |   |   |
| ▪ GI Bleeding                                   |   |   |   |   | ▪ Open/closed reductions                        |   |   |   |   |
| ▪ Hepatitis                                     |   |   |   |   | ▪ Amputation                                    |   |   |   |   |
| ▪ Liver failure                                 |   |   |   |   | ▪ Reattachment                                  |   |   |   |   |
| ▪ Acute pancreatitis                            |   |   |   |   | ▪ Multiple trauma                               |   |   |   |   |
| ▪ Colostomy                                     |   |   |   |   | <b>15. EENT</b>                                 |   |   |   |   |
| ▪ ERCP  |   |   |   |   | ▪ Blowout fractures                             |   |   |   |   |
| ▪ Esophageal bleeding                           |   |   |   |   | ▪ Radical neck                                  |   |   |   |   |
| ▪ GI surgery                                    |   |   |   |   | <b>16. TRAUMA AND BURNS</b>                     |   |   |   |   |
| ▪ Ileostomy                                     |   |   |   |   | ▪ Mass casualty                                 |   |   |   |   |
| ▪ Inflammatory bowel disease                    |   |   |   |   | ▪ Electrocution                                 |   |   |   |   |
| ▪ Liver transplant                              |   |   |   |   | ▪ Amputation                                    |   |   |   |   |
| ▪ Pancreas transplant                           |   |   |   |   | ▪ Gangrene                                      |   |   |   |   |
| ▪ Paralytic ileus                               |   |   |   |   | ▪ First degree burns                            |   |   |   |   |
| ▪ Penetrating trauma                            |   |   |   |   | ▪ Second degree burns                           |   |   |   |   |
| ▪ Peritonitis                                   |   |   |   |   | ▪ Third degree burns                            |   |   |   |   |
| ▪ Acute gastrointestinal hemorrhage             |   |   |   |   | ▪ Dehydration                                   |   |   |   |   |
| ▪ Esophageal varices                            |   |   |   |   | ▪ Gunshot wounds                                |   |   |   |   |
| ▪ Balloon Tamponade Devices (Blakemore tube)    |   |   |   |   | ▪ Stab wounds                                   |   |   |   |   |
| ▪ Abdominal Aortic Aneurysm                     |   |   |   |   | ▪ Hazardous material exposure                   |   |   |   |   |
| ▪ Gastrectomy                                   |   |   |   |   | ▪ Multiple fractures                            |   |   |   |   |
| ▪ Bowel resection                               |   |   |   |   | ▪ Radiation exposure                            |   |   |   |   |
| ▪ Lobectomy                                     |   |   |   |   | ▪ Hypothermia/Frostbite                         |   |   |   |   |
| <b>12. RENAL SYSTEM</b>                         |   |   |   |   | ▪ Major trauma                                  |   |   |   |   |
| ▪ Acute renal failure                           |   |   |   |   | ▪ Poisoning                                     |   |   |   |   |
| ▪ Chronic renal failure                         |   |   |   |   | ▪ Caustic Ingestions                            |   |   |   |   |
| ▪ Nephrectomy                                   |   |   |   |   | <b>17. OTHER</b>                                |   |   |   |   |
| ▪ Renal transplant                              |   |   |   |   | ▪ Drug or Chemical Overdose (TCA, Ethanol, ASA) |   |   |   |   |
| ▪ CAVH Dialysis                                 |   |   |   |   | ▪ Poisoning (CO, Cyanide)                       |   |   |   |   |
| ▪ Hemodialysis                                  |   |   |   |   | ▪ Substance abuse (ETOH, Stimulants, Narcotics) |   |   |   |   |
| ▪ Peritoneal Dialysis                           |   |   |   |   | ▪ HIV   |   |   |   |   |
| ▪ Renal rejection syndrome                      |   |   |   |   | ▪ Multisystem Organ Dysfunction Syndrome (MODS) |   |   |   |   |
| ▪ Peritoneal lavage                             |   |   |   |   | ▪ Cancer  |   |   |   |   |
| ▪ Renal trauma                                  |   |   |   |   | ▪ Anaphylaxis                                   |   |   |   |   |
| ▪ Urinary tract infection                       |   |   |   |   | ▪ Disseminated Intravascular Coagulation (DIC)  |   |   |   |   |

## Competency/Skills Self-Appraisal: Critical Care Unit

Please check the column that applies to your skill level:

3= Very Competent > 1yr Exp. 2=Some Help needed <1 yr. Exp. 1=Need Direction <6 months Exp. 0=Never Done

| SKILLS   | 3 | 2 | 1 | 0 | SKILLS   | 3 | 2 | 1 | 0 |
|--|---|---|---|---|--|---|---|---|---|
| <b>17. OTHER CONTINUED</b>   |   |   |   |   | ▪ Fibrinolytics  |   |   |   |   |
| ▪ Cardiogenic shock  |   |   |   |   | ▪ H2 Receptor Antagonists                                |   |   |   |   |
| ▪ Hypovolemic shock  |   |   |   |   | ▪ Haldol   |   |   |   |   |
| ▪ Neurogenic shock   |   |   |   |   | ▪ Heparin  |   |   |   |   |
| ▪ Septic shock   |   |   |   |   | ▪ Hydrocortisone   |   |   |   |   |
| ▪ Hemorrhagic shock  |   |   |   |   | ▪ IM vasopressin (Pitressin)                             |   |   |   |   |
| ▪ Disaster Protocols   |   |   |   |   | ▪ Incor (Amrinone)                                       |   |   |   |   |
| ▪ End of life care   |   |   |   |   | ▪ Inderal  |   |   |   |   |
| ▪ Administration of Chemotherapy   |   |   |   |   | ▪ Insulin  |   |   |   |   |
| ▪ Hyperbaric Oxygenation   |   |   |   |   | ▪ Integrilin   |   |   |   |   |
| ▪ Oncological Crisis   |   |   |   |   | ▪ Ipecac   |   |   |   |   |
| ▪ Hemophilia   |   |   |   |   | ▪ Isuprel  |   |   |   |   |
| <b>18. TEACHING</b>  |   |   |   |   | ▪ Kayexelate   |   |   |   |   |
| ▪ Patient  |   |   |   |   | ▪ Lactulose (Cephulac)                                   |   |   |   |   |
| ▪ Family   |   |   |   |   | ▪ Lasix  |   |   |   |   |
| <b>19. SPECIFIC MEDICATION KNOWLEDGE: DOSAGE CALCULATION, SIDE EFFECTS, ROUTES, ETC.</b> |   |   |   |   | ▪ Levophed   |   |   |   |   |
| ▪ Adenosine (Adenocard)  |   |   |   |   | ▪ Lidocaine  |   |   |   |   |
| ▪ Aggrastat  |   |   |   |   | ▪ Lorazepam (Ativan)                                     |   |   |   |   |
| ▪ Alipent (Metaproterenol sulfate)   |   |   |   |   | ▪ Mannitol (Osmitol)                                     |   |   |   |   |
| ▪ Amiodarone (Cordarone)   |   |   |   |   | ▪ Methylprednisolone (Solu Medrol)                       |   |   |   |   |
| ▪ Aminophylline  |   |   |   |   | ▪ Metoprolol (Lopressor)                                 |   |   |   |   |
| ▪ Amiodarone   |   |   |   |   | ▪ Nebulizer Treatments (Ventolin, Atrovent)              |   |   |   |   |
| ▪ Amnophylline (Theophylline)  |   |   |   |   | ▪ Nipride (Nitroprusside)                                |   |   |   |   |
| ▪ Angiomax   |   |   |   |   | ▪ Nitroglycerine (Tridil)                                |   |   |   |   |
| ▪ Antiemetics (Reglan, Zofran)   |   |   |   |   | ▪ Oral anticoagulants                                    |   |   |   |   |
| ▪ Antispasmodic  |   |   |   |   | ▪ Oral and IVP antihypertensives                         |   |   |   |   |
| ▪ AquaMephyton (Vitamin K)   |   |   |   |   | ▪ Oral hypoglycemics                                     |   |   |   |   |
| ▪ Argatroban   |   |   |   |   | ▪ Oral and topical nitrates                              |   |   |   |   |
| ▪ Atropine   |   |   |   |   | ▪ Paralytic Agents (Norcuron, Pavulon, Nimbox, Tracrium) |   |   |   |   |
| ▪ Barbiturate induced coma   |   |   |   |   | ▪ Phenobarbital  |   |   |   |   |
| ▪ Bicarbonate  |   |   |   |   | ▪ Pitressin (Vasopressin)                                |   |   |   |   |
| ▪ Bretylium (Bretlyol)   |   |   |   |   | ▪ Prednisone   |   |   |   |   |
| ▪ Bronkosol (Isoetharine hydrochloride)  |   |   |   |   | ▪ Procardia  |   |   |   |   |
| ▪ Carbamazepine (tegretol)   |   |   |   |   | ▪ Pronestyl  |   |   |   |   |
| ▪ Carbidopa-Levodopa (Sinemet)   |   |   |   |   | ▪ Propofol   |   |   |   |   |
| ▪ Cardizem (diltiazem hydrochloride)   |   |   |   |   | ▪ Rapid Sequence Intubation - Drugs                      |   |   |   |   |
| ▪ Charcoal   |   |   |   |   | ▪ Reopro   |   |   |   |   |
| ▪ Clonazepam (Klonopin)  |   |   |   |   | ▪ Retavase   |   |   |   |   |
| ▪ Corticosteroids  |   |   |   |   | ▪ Streptokinase  |   |   |   |   |
| ▪ Coumadin   |   |   |   |   | ▪ Sodium bicarbonate                                     |   |   |   |   |
| ▪ Decadron (Dexamethasone)   |   |   |   |   | ▪ Steroids   |   |   |   |   |
| ▪ Digoxin  |   |   |   |   | ▪ Terbutaline  |   |   |   |   |
| ▪ Dilantin (Phenytoin)   |   |   |   |   | ▪ Thrombolytic therapy                                   |   |   |   |   |
| ▪ Dobutamine (Dobutrex)  |   |   |   |   | ▪ TPA (Alteplase)  |   |   |   |   |
| ▪ Dopamine   |   |   |   |   | ▪ Valium (Diazepam)                                      |   |   |   |   |
| ▪ Epidural administration  |   |   |   |   | ▪ Ventolin (Albuterol)                                   |   |   |   |   |
| ▪ Epinephrine  |   |   |   |   | ▪ Verapamil (Calan, Isoptin, Verelan)                    |   |   |   |   |
| ▪ Esmolol (Brevibloc)  |   |   |   |   |  |   |   |   |   |