



Competency/Skills Self-Appraisal: Social Worker

Name _____ Date _____

Please check the column that applies to your skill level:
 3= Very Competent > 1yr Exp. 2=Some Help needed <1 yr. Exp. 1=Need Direction <6 months Exp. 0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
▪ BCLS Expires: _____					▪ Home Health				
▪ CPR Expires: _____					4. GENERAL SKILLS:				
▪ BSW (specify State): _____					▪ Charting/Documentation/Consents/Care Plans				
▪ MSW (Specify State): _____					▪ Confidentiality of Information/HIPAA				
▪ Licensed Mental Health Counselor (specify State): _____					▪ Ordering Supplies				
▪ Other Certification (specify): _____					▪ Universal Precautions/Infection Control Procedures				
▪ Computerized Charting System (specify) _____					▪ Advance Directives				
1. AGE SPECIFIC PRACTICE CRITERIA:					▪ JCAHO – National Patient Safety Guidelines				
▪ Newborn/Neonate (birth to 30 days)					▪ Manage stress appropriately				
▪ Infant (30 days to 1 year)					▪ Manages fear/anger/hostility/violence of others appropriately				
▪ Toddler (1 -3 years)					▪ Processes for minimizing security risks				
▪ Preschooler (3-5 years)					▪ Knowledge of Hazmat				
▪ School Age Children (5-12 years)					▪ Patient rights and responsibilities				
▪ Adolescent (12-18 years)					▪ Resolution of ethical issues				
▪ Young Adults (18-39 years)					▪ Restraint policy				
▪ Middle Adults (39-64 years)					▪ Alternatives to restraints				
▪ Geriatric (64 +)					▪ Occurrence reporting				
2. EXPERIENCE WITH AGE GROUPS:					▪ Identify and report sexual abuse				
▪ Able to adapt care to incorporate normal growth and development					▪ Identify and report child abuse				
▪ Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level					▪ Identify and Report elder abuse				
▪ Ensures safe environment reflecting specific needs of various age groups					▪ Use of appropriate PPE				
3. EXPERIENCE IN SETTINGS:					▪ Sentinel events – inpatient suicide				
▪ Acute care hospital – adult					5. SOCIAL WORK COMPETENCIES:				
▪ Long term care facility					▪ Identify cultural and religious needs				
▪ Nursing Home					▪ Identify emotional and language barriers				
▪ Inpatient Hospital Psych Unit					▪ Identify physical barriers				
▪ Inpatient Acute Psychiatric Facility					▪ Identify cognitive and psychological barriers				
▪ Chronic Psychiatric Facility					▪ Serve as advocate for patients, families and significant others				
▪ Outpatient Clinic/Community Setting					▪ Discharge planning				
▪ Forensic Unit (Prison)					▪ Perform psychosocial assessment				
▪ Eating Disorder Unit					▪ Assessment of financial resources for discharge care				
▪ Substance Abuse/Rehab Unit					▪ Referrals to community resources				
▪ Adolescent Unit					▪ Liaison with community agencies				
▪ Children's Unit					▪ Liaison with sub acute skilled and long term care facilities				
▪ Locked Unit/Ward					▪ Liaison with other healthcare facilities				
▪ State Institution					▪ Knowledge of Baker and Marchman Acts				
▪ Crisis Intervention Center					▪ Provide timely and accurate communication with treatment team				
▪ Day treatment program					▪ HRS documentation				

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SKILLS	3	2	1	0	SKILLS	3	2	1	0
5. SOCIAL WORK COMPETENCIES CONTINUED:					▪ Obsessive/compulsive disorder				
▪ Recognize and reports signs and symptoms of abuse/neglect/exploitation					▪ Dissociative identity disorder				
▪ Ability to prioritize patient discharge planning needs					Personality Disorders				
▪ Observe and report patient response to pain management					▪ Cluster A – Paranoid/Schizoid				
▪ Identify psychological/social/environmental/cultural conditions that impact patient's response to care					▪ Cluster B – Antisocial/Borderline				
▪ Evaluate family/caregiver response to interventions					▪ Cluster C – Anxious/Fearful				
▪ Assure that appropriate patient care and clinical information is exchanged at admit/referral/transfer/discharge					Eating Disorders				
▪ Facilitate psychotherapy groups					▪ Anorexia				
▪ Legal issues incompetence					▪ Bulimia				
▪ Legal issues guardianship					▪ Obesity				
▪ Disposition of illegal substances					▪ Sexual disorders				
▪ Understanding of DSM-IV diagnoses					▪ Sexual assault				
▪ Orients patients to restriction policies					▪ Sexual abuse				
▪ Suicide procedure					▪ Survivor of abuse/violence				
▪ Homicide procedure					▪ Post traumatic stress disorder				
▪ Knowledge of psychotropic medications					▪ Somatoform disorders (pain)				
▪ Assists in crisis intervention					▪ Mental retardation				
▪ Documents crisis intervention					▪ ADHD				
▪ Documents use of behavior management					▪ Developmental disorders				
Use of:					▪ Autistic disorders				
▪ Wheelchair					Cognitive Disorders				
▪ Geri Chair					▪ Delirium				
▪ Patient Call System					▪ Dementia				
▪ Electric bed					▪ Alzheimer's Disease				
▪ Safety bed alarm system					▪ Amnesic disorders				
▪ Fax/Copy machine					Substance Related Disorders				
▪ Swipe security system					▪ Alcohol				
▪ Locking restraints					▪ Drug				
▪ Video camera monitors									
▪ Knowledge of growth and development									
▪ Perform age specific psychosocial assessment									
▪ Knowledge of psychiatric patient safety issues									
▪ Patient/caregiver teaching									
▪ Interprets patient data and responses to treatment									
6. CARE OF PSYCHIATRIC PATIENTS:									
▪ Schizophrenia									
▪ Paranoid psychotic disorder									
▪ Catatonic psychotic disorder									
▪ Hallucinations									
▪ Bipolar disorder									
▪ Depression									
▪ Suicidal ideation/attempt									
▪ Delusional disorders									
▪ Anxiety disorders									
▪ Panic attacks									
▪ Phobias									