



**Competency/Skills Self-Appraisal: Wound Care/Ostomy Nurse**

RN     APN

Name \_\_\_\_\_

Date \_\_\_\_\_

Please check the column that applies to your skill level:  
 3= Very Competent > 1yr Exp.    2=Some Help needed <1 yr. Exp.    1=Need Direction <6 months Exp.    0=Never Done

SKILLS	3	2	1	0	SKILLS	3	2	1	0
▪ BCLS Expires:					▪ Universal Precautions/Infection Control Procedures				
▪ ACLS Expires:					▪ Advance Directives				
▪ CWOCN Expires:					▪ JCAHO – National Patient Safety Guidelines				
▪ CWCN Expires:					▪ Lab work – ordering				
▪ COCN Expires:					▪ Specimen Collection				
▪ CCN Expires:					▪ Vital Signs				
▪ CFCN Expires:					▪ Use of transfer/lift devices				
▪ CWON Expires:					▪ Pain management				
▪ Other Certification (specify): _____					▪ Patient/Caregiver Education				
▪ Computerized Charting System (specify) _____					▪ Patient rights and responsibilities				
▪ Drug Administration System (specify) _____					▪ Occurrence reporting				
<b>1. AGE SPECIFIC PRACTICE CRITERIA:</b>					▪ Reporting of Abuse/neglect/exploitation -				
▪ Newborn/Neonate (birth to 30 days)					▪ Fall prevention measures				
▪ Infant ( 30 days to 1 year)					▪ Restraints – procedures for safe use				
▪ Toddler (1 -3 years)					▪ Restraint alternatives/patient checks				
▪ Preschooler (3-5 years)					▪ Verbal orders/critical test values repeated and verified				
▪ School Age Children ( 5-12 years)					▪ Bed rail safety				
▪ Adolescent (12-18 years)					▪ Medication safety				
▪ Young Adults (18-39 years)					▪ Dangerous abbreviation list				
▪ Middle Adults (39-64 years)					<b>5. WOUND CARE/OSTOMY COMPETENCIES:</b>				
▪ Geriatric (64 +)					▪ Follow through promptly on patient concerns				
<b>2. EXPERIENCE WITH AGE GROUPS:</b>					▪ Ongoing assessment/planning and evaluation of patient care				
▪ Able to adapt care to incorporate normal growth and development					▪ Accurate of timely assessments				
▪ Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level					▪ Initiate appropriate interventions				
▪ Ensures safe environment reflecting specific needs of various age groups					▪ Develops teaching plan for staff/other caregivers				
<b>3. EXPERIENCE IN SETTINGS:</b>					Evaluate staff ability to implement patient's plan of care				
▪ Acute care hospital					▪ Maintain and ensure that staff maintain effective and appropriate nursing skills				
▪ Home Care					▪ Compliance with standards of care				
▪ Long term care facility					▪ Collaborate with other clinical disciplines to ensure continuum of care				
▪ Nursing Home					▪ Direct supervision of nursing staff members on wound care issues				
▪ Other (specify): _____					▪ Provide clinical expertise – preceptor/in-service				
<b>4. GENERAL SKILLS:</b>					▪ Provide clinical education to patient/families/staff				
▪ Charting/Documentation/Consents/Care Plans					▪ Coordinate facility wide skin care initiatives				
▪ Confidentiality of Information/HIPAA					▪ Clearly document in medical record				
▪ Ordering Supplies					Risk assessment including recommendations for:				
▪ Processes for minimizing security risks					▪ Support surfaces				
▪ Hazardous material and wastes – procedures for spills					▪ Positioning techniques and schedules				

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SKILLS	3	2	1	0	SKILLS	3	2	1	0
<b>5. WOUND CARE/OSTOMY COMPETENCIES CONTINUED:</b>					Pouch application:				
▪ Nutritional care					▪ One piece system				
▪ Hydration					▪ Two piece system				
▪ Hygiene					▪ Round stoma				
▪ Incontinence care					▪ Irregularly shaped stoma				
Appropriate stages of pressure sores:					▪ Flush/retracted stoma				
▪ Stage I					▪ Transverse loop colostomy with rod				
▪ Stage II					Accessories				
▪ Stage III					▪ Paste				
▪ Stage IV					▪ Skin prep				
▪ Assess leg ulcers					▪ Eakin rings				
▪ Note venous and arterial appearances					Patient education				
▪ aseptic technique					▪ Emptying and cleaning of pouch				
Dressing application:					▪ Time frame for emptying pouch				
▪ Wet to dry					▪ Attaching tail closure				
▪ Wet to wet					▪ Attaching BSD system				
▪ Transparent					▪ Skin care				
▪ Hydrocolloid					▪ Dietary measure to decrease gas/odor				
▪ Gels					▪ Avoid blockage				
▪ Debriding agents					▪ Prevent diarrhea/constipation				
▪ Extudate absorbers					▪ Hydration concerns				
▪ Foams					▪ Social activities				
▪ Packing					▪ Physical limitations				
▪ Other (specify): _____					▪ Sexual concerns				
Apply wraps					▪ Support groups				
▪ Figure eight					▪ Knowledge of specialty equipment and tools				
▪ Spiral					▪ Knowledge of wound care products				
▪ Unnas boot					▪ Select supplies appropriate to ostomy type				
▪ Compression boots					▪ Ensures supplies are well fitted				
Recognize and document:					Identifies and provide intervention for:				
▪ Eschar					▪ Necrosis				
▪ Slough					▪ Prolapse				
▪ Incorporated collagen					▪ Retraction				
▪ Tunneling					▪ Monilia				
▪ Inflammation					▪ Skin stripping				
▪ Signs and symptoms of infection					▪ Allergic reaction				
▪ Drainage					▪ Excoriation				
▪ Obtain C&S					▪ Latex allergy				
Measurement of wound					Safe and effective use of:				
▪ Superficial					▪ Wound vac				
▪ Cratered					▪ Thermometer				
▪ Undermined					▪ Assist with discharge planning focusing on special discharge and aftercare needs				
▪ Obtain photographs									
Ostomy care									